HIS PLAN • HIS PEOPLE • OUR PRAYERS
FOLLOWING JESUS
Step by Step with Jesus
10 DAY CHILDREN'S PRAYER GUIDE
September 11–21, 2026
A fun journey for children and families praying for cities, nations and the Jewish people around the world.
INTERNATIONAL PRAYER CONNECT
10 DAYS
110 Cities
2 BILLION CHILDREN

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FOLLOWING JESUS!

This guide is your companion for 10 Days 2026 – a global prayer movement happening from September 11–21 in which Christians all over the world pray together for cities, nations, and God's Kingdom.

Each day has its own children's theme that connects with the adult PURSUE guide. Whether you're praying together as a family, using this in a children's group, or following along on your own, every day includes:

- An intro video with encouraging words from Cami!
- A Bible story and memory verse
- A short devotional written just for you
- A fun activity to do
- A family challenge to put faith into action
- Justin's Thoughts – a word of encouragement from a young writer
- Prayer points for a real city in the world, and for the Jewish people
- A 2BC Champion Challenge – Hearing, Knowing, and Sharing
- A colouring sheet depicting the story and city
- The 'Follow Jesus!' action song

FOLLOW JESUS! is also the title of our theme song – you'll find actions for every line. Sing it every day and let it set the tone for your prayers.

A NOTE FOR PARENTS: Each day's city focus is shared with the adult PURSUE guide, so the whole family can be praying together – children and adults – for the same part of the world.

On Day 10 (Yom Kippur, the Jewish Day of Atonement), we invite you to join the Global Day of Prayer for Israel and the Jewish people.

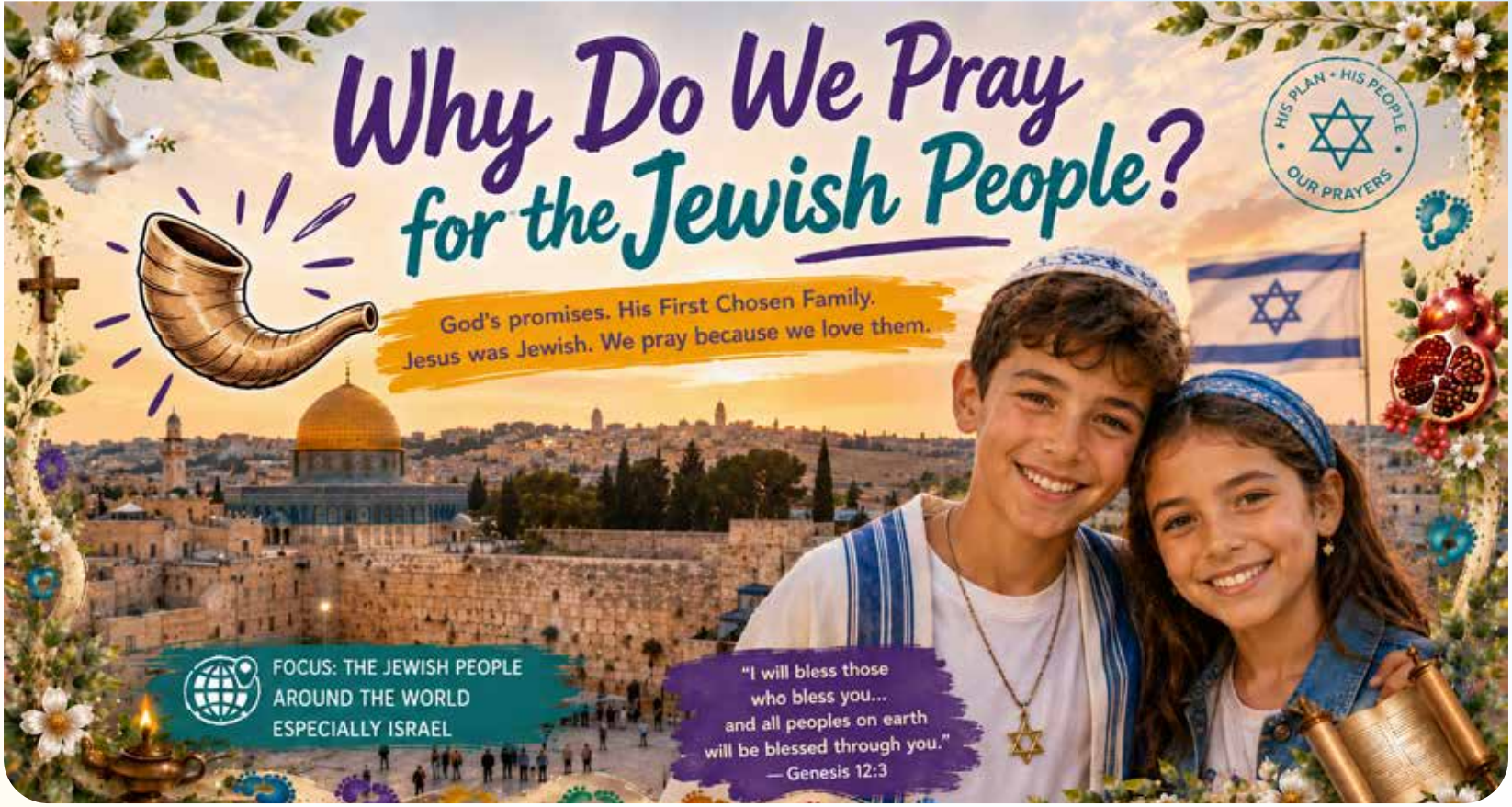
Our Partner: 2BC — 2 Billion Children

This guide is proudly produced in partnership with 2BC (2 Billion Children, www.2bc.world), a ministry with a beautiful vision: that all children, everywhere, would be on mission for Jesus.

2BC believes every child can be a 2BC Champion – someone who is:

- Hearing the voice of their Heavenly Father
- Knowing why they are special to God
- Sharing His love with their friends and family

Look out for the 2BC Champion Challenge at the end of each day – a simple way to put Hearing, Knowing, and Sharing into practice!



FOLLOWING JESUS

"I will bless those who bless you... and all peoples on earth will be blessed through you." – Genesis 12:3

All through this guide, alongside praying for cities and nations, we also pray for the Jewish people. Here's why they are so special to God – and to us!

They are God's First Chosen Family

A long time ago, God chose a man named Abraham and promised to build a great family through him – the Jewish people. God said He would bless Abraham's family, and that through them, He would bless every nation on earth!

Jesus Was Jewish

Jesus – the Saviour of the whole world – was born Jewish, in the Jewish town of Bethlehem, to a Jewish family. He grew up reading the Hebrew Scriptures, celebrating Jewish festivals, and teaching in Jewish synagogues. When we love Jesus, we are loving someone from this remarkable family!

God's Promises Still Stand

The Bible tells us that God's gifts and His calling can never be taken back (Romans 11:29). God still loves the Jewish people deeply, and He has promised that one day, "all Israel will be saved" (Romans 11:26) – meaning many Jewish people will recognise Jesus as their Messiah.

We Pray Because We Love Them

Just like we pray for children in cities who have never heard about Jesus, we also pray for our Jewish friends around the world – in Israel and in every nation – that they would come to know Jesus, the Messiah who loves them and gave His life for them.

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

Hi everyone! I'm Cami, I'm thirteen years old – my family is American, but I was actually born here in Paris, France, and it's home! I am SO excited because you are about to start the BEST ten days ever. Welcome to Following Jesus!

So what actually is this guide? Over the next ten days, we're going to read ten amazing Bible stories – stories about kindness, courage, friendship, truth, and a whole lot more – and every single one teaches us something about what it really means to follow Jesus. Step by step. Every day.

Each day you'll get a story, a memory verse, fun activities, a family challenge, a colouring page, some awesome worship music – and a little video from me! I'll be right here with you the whole way.

This guide is made with our friends at 2BC – that's 2 Billion Children – and they believe something amazing: that children, just like you, have the power to change the world! Not when you're grown up. Now! 2BC's big dream is for children EVERYWHERE to be on mission for Jesus.

So all through this guide, we're going to learn to be what 2BC calls Champions – and that just means three simple things: Hearing from our Heavenly Father, Knowing why we're special to Him, and Sharing His love with our friends and family. Hearing, Knowing, Sharing. Easy to remember, right?

Now, I want to tell you about something really special we're doing in this guide. Every single day, we're also going to pray for a real city, somewhere in the world. Some of these cities are huge – like Paris, where I live, or Mumbai, or Mexico City. Others you might never have heard of, like Yangon or Ulaanbaatar or Tashkent. But here's the thing – in every single one of these cities, there are children just like you. And so many of them have never once heard the name of Jesus. Not once! Can you imagine that?

So when we pray for these cities, we're not just saying words. We're asking God to send His love there – through missionaries, through churches, through ordinary families just like yours – so that kids everywhere can know how much Jesus loves them. That's what being on mission for Jesus looks like – even from your own bedroom, even at age six, even at age twelve.

And there's one more really special thing we do. Every day, we also pray for the Jewish people – in Israel and all around the world. Do you know why? Because Jesus was Jewish! His family, His friends, His whole upbringing – Jewish. The Jewish people are God's first chosen family, and the Bible promises that God still loves them and hasn't forgotten His promises to them. So we pray that more and more Jewish people would come to know Jesus as their Messiah – the One their own Scriptures pointed to all along.

So that's it – that's Following Jesus! Ten days, ten stories, ten cities, one big prayer for the whole world including God's first family the Jewish people, and ten days of becoming 2BC Champions – Hearing, Knowing, and Sharing!

Grab your Bible, grab your family, and get ready to sing our theme song about a hundred times – you'll know it by heart by Day Three, I promise!

I cannot wait to do this with you. Let's go follow Jesus together – step by step, every single day. See you on Day One!

Cami

FOLLOW JESUS!

OUR THEME SONG

Sing along and do the actions with Cami and Jordan's video HERE!

Learn this song and do the actions every day of the 10 Days! You can teach it to your friends, your church, or anyone who will join you.

Verse 1
Every morning when I wake, (stretch up high, then rub your eyes)
Every step and every day, (march on the spot)
Jesus, You will lead me on, (point upwards, then forwards)
I'll follow all the way. (walk forwards four steps)

When I'm happy, when I'm sad, (big smile, then pretend to wipe a tear)
When I'm strong or feeling small, (show muscles, then crouch down)
Jesus, You are always near, (hug yourself)
You're the best friend of us all. (put an arm around the person next to you, or stretch arms wide)

Chorus
Follow Jesus! (point upwards)
Step by step! (march in place)
Follow Jesus! (point upwards)
Step by step! (march in place)

Love like Jesus! (make a heart with your hands)
Help each other! (pretend to lift someone up)

Shine for Jesus! (hands burst open like sunshine)
Every day! (arms stretch out wide)

Chant
Leader: Who do we follow?
Children: JESUS! (point upwards)

Leader: Where will we go?
Children: Anywhere He leads! (point forwards)

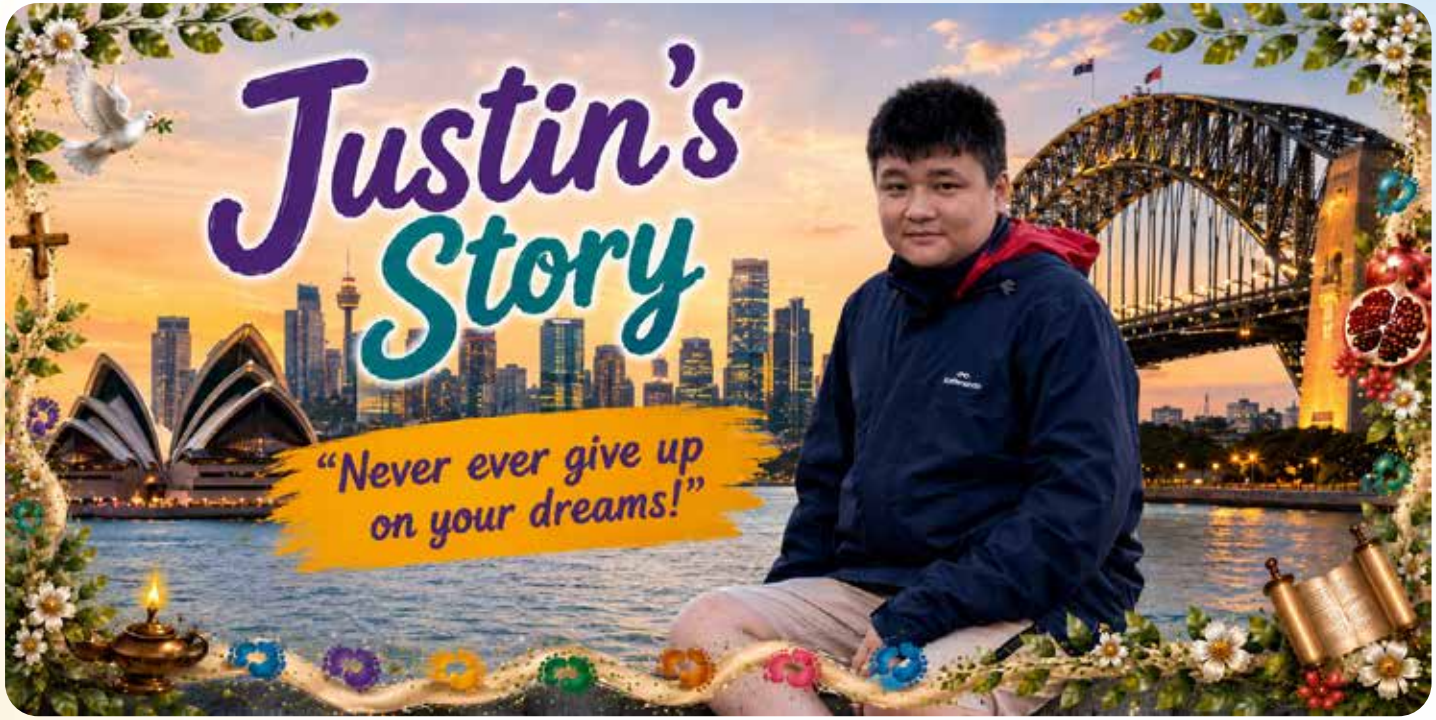
Leader: Who will we tell?
Children: EVERYONE! (sweep both arms around the room)

Leader: What's our mission?
Children: FOLLOW JESUS! (march forwards together)

Verse 2
I can show Your love at home, (make a roof shape over your head)
I can share it at my school, (pretend to carry a school bag)
Help the lonely, tell the truth, (offer your hand, then point to your mouth)
Living by Your rule. (hold hands together like an open Bible)

All around the world we'll pray, (draw a big circle like the globe)
Every nation, every land, (point all around the room)
Jesus, build Your family, (bring hands together)
Walking hand in hand. (hold hands or link little fingers with neighbours)

Final Chorus
Follow Jesus! (point upwards)
Step by step! (march in place)
Hey! (big jump and celebrate!)



Justin is an incredibly talented young Indonesian writer. He overcame the massive challenges of autism, difficulty speaking, and daily struggles to publish his first book at the age of 8. Despite his difficulties, Justin uses his writing to inspire and encourage others worldwide, turning his challenges into a source of strength.

Justin has written our daily thoughts and themes for the Prayer Guide and trusts that each one of us is blessed, comforted and encouraged by them.

Follow Justin on Instagram | Buy Justin's Book | Justin's introduction

Never ever give up on your dreams! I am Justin Gunawan from Indonesia.

Today I want to talk about dreams. Everyone, young and old has dreams.

I have a dream to be a speaker and a writer... but life is not always smooth. The road is not always clear.

I was diagnosed with a severe speech disorder. I didn't really speak until I was five years old. Hours and hours of therapy have brought me to where I am now, though it's still choppy and I have difficulties.

Do I ever have self pity?
Do I feel sorry for myself?
Do I ever give up on my dream?

No! It's only made me work harder and harder.

Let me be honest with you, occasionally yes.

I might get frustrated, tired and a little discouraged with my situation.

So what do I usually do? Breathe, rest and relax
but never ever give up!

Justin Gunawan (16)

Do let Justin know how you have been encouraged HERE

More about Justin...

Justin was diagnosed with autism at two. He was unable to speak until five. He underwent 40 hours of therapy weekly. He was not accepted by 15 schools before finally finding one. At seven, his writing skill was assessed at just 0.1 percent, but his mother's efforts to teach him how to hold a pencil and write bore fruit. By eight, Justin's writing was published by a national publisher.

Despite his challenges with speaking and battles with his autism, Justin uses his writing to inspire and encourage others worldwide, turning his challenges into a source of strength. You can learn more about Justin, his books and his writing at: www.justinyoungwriter.com where he continues to share his journey and connect with people around the world.

B.L.E.S.S. Card

PRAY for 5

TAKE 5 MINUTES A DAY TO PRAY FOR
5 PEOPLE BY NAME WHO NEED JESUS

1. _____
2. _____
3. _____
4. _____
5. _____

Ways to PRAY

1. Father, draw them to your Son Jesus (John 6:44).
2. Father, remove their spiritual blindness so they will believe the Gospel (2 Cor. 4:4; Acts 16:14).
3. Father, give them the gift of repentance to turn from their sins (John 16:8; 2 Tim. 2:25–26).
4. Father, give me opportunities and boldness to share the Gospel with them (Col. 4:3–4; Acts 4:29–31).
5. Father, please save them and their whole family (Acts 16:31).

SHARE JESUS WITH THEM BY LIVING OUT

B.L.E.S.S.

Begin with Prayer | Listen to Them | Eat with Them | Serve Them | Share Jesus with Them

www.prayforall.com

pray for all

A Note for Parents and Guardians

This guide is designed to be used in whatever format fits your family – there are no rules! Each day's video and prayer guide content can be used flexibly, dipped into together or separately, in whatever order works best for you.

You might watch Cami's video at breakfast and save the activity for after school, or do everything together at bedtime – it's entirely up to you. Designed to take just 5–10 minutes each day in full, it's easy to build a simple, meaningful rhythm of prayer into family life without any pressure.

The aim is not perfection, but consistency and joy as your child learns to connect with God and discover what it means to follow Jesus – step by step, every day.

Encourage your child to read aloud, engage with the Bible verse, and try saying it in their own words. The short prayers are there to help, but don't feel limited by them–invite your child to talk to God freely and naturally, just as they would speak to a loving Father.

Each day includes a theme to help children grow as 2BC Champions–learning to HEAR God's voice, KNOW their identity in Him, and SHARE His love with others. You may want to pause and ask simple questions, allowing space for reflection and conversation.

The worship songs, including the "Follow Jesus!" theme song, are a wonderful way to engage energy and creativity–encourage your children to add actions, movement, and joy as they worship.

Above all, keep it relaxed, expect God to speak, and enjoy this journey together as a family. Small, faithful moments of prayer can shape a child's life forever.

Published in partnership with IPC (International Prayer Connect) and 2BC (2 Billion Children).

Let the Children Shine! –

Worship & Prayers for:

> The 2BC Vision
> Monthly Country Focus
> 'The light of the World' Movie
> Peace in the Middle East

Jesus is the Light of the World!

One of the most exciting things we can remember as we pray is that Jesus is the Light of the World! His light shines in every place, even where there is darkness.

In John 8:12, Jesus said: "I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life."

Last summer, we launched SHINE! – it involves many children around the world joining together each month in 24 Hours of Worship and Prayer. For one whole day, every hour, children and families pray and worship, asking God to use the new animated film Light of the World to touch the hearts of millions of children. Each month, we will focus on a country – praying for the children and youth to become Jesus followers!

You can join us from home, school, church or online for SHINE! each month during 2026. We meet on the second Tuesday of each month!

The Light of the World movie tells the story of Jesus through the eyes of his youngest Apostle, John, when he is a child and a follower of Jesus. It has just launched in theaters in the U.S. and in several other nations.

Visit www.2bc.world/shine for resources, ideas, and to see the trailer for the movie. You'll find worship songs, activity sheets, and ways your family can join in prayer.

Sing along with Shane & Shane – 'Light of the World' Medley! Or Sing the Salvation Poem Song with other children around the world.

Together, let's keep shining His light (Matthew 5:14–16) – in our prayers, our words, and our lives – so that many children will discover the joy, hope, and peace that only Jesus gives!

www.2bc.world/shine

DAY 01

CHOOSE KINDNESS

Following Jesus means we choose to be kind every day, in big ways and small.

FOCUS CITY:
YANGON, MYANMAR

TODAY'S ADVENTURE

A beaten stranger, a brave helper – discover what real kindness looks like today!

BIBLE STORY

Story: The Good Samaritan Helps a Stranger
Reference: Luke 10:25–37

MEMORY VERSE

"Love your neighbour as yourself. (Luke 10:27)"

FUN MEMORY METHOD

Clap once for each word – speed it up every round until you're a blur!

TODAY'S DEVOTIONAL

Have you ever walked past someone who needed help? Maybe you weren't sure what to do, or you were in a hurry. In Jesus' day, a man was walking down a dangerous road when robbers attacked him and left him badly hurt. Two important religious people walked by – and did nothing. But then a Samaritan came along. Samaritans and Jewish people didn't usually get along, so nobody expected him to stop. But he did! He bandaged the man's wounds, put him on his own donkey, took him to an inn, and even paid for his care.

Jesus told this story to answer a big question: "Who is my neighbour?" The answer? Everyone who needs help is our neighbour! Jesus doesn't just want us to love the people who are like us, or the people we already know. He wants us to cross the road, stop what we're doing, and choose to be kind – even when it's hard.

Today, ask God to give you eyes that notice people who need help. Because following Jesus means choosing kindness every single day.

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

The Good Samaritan

Luke 10:25–37

FUN ACTIVITY

Draw a comic strip of the Good Samaritan story in 4 panels – make your characters look like YOU and your friends!

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray for the salvation of unbelieving Jewish people and Israelis – that they would come to know Jesus, just as the Samaritan stopped for a stranger. (Romans 11:26)
- Ask God to help Jewish people everywhere discover that He is the One who stops, helps, and never walks past them. (Luke 10:27)

FAMILY CHALLENGE!

As a family, do one unexpected kind act for someone outside your home today.

FOCUS CITY

Yangon, Myanmar

Yangon is Myanmar's biggest city, buzzing with golden temples, river markets, and millions of people. Many children here have known hard times because of conflict and poverty. But followers of Jesus are sharing His kindness every day – through schools, food programmes, and love that crosses every boundary.

Pray: Jesus, send kind helpers to Yangon's children, and let them discover Your love today.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God to show you one person who needs kindness today.
Knowing – I am loved by Jesus, who always stops for me.
Sharing – Do a kind act for someone and tell them Jesus loves them too.

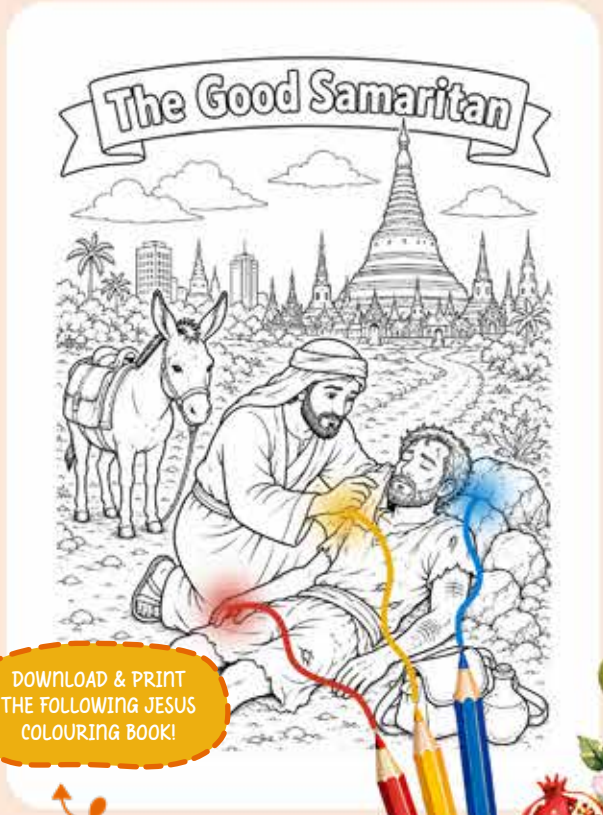
JUSTIN'S THOUGHTS

I know what it's like when people walk past and don't stop. But Jesus always stops for me. Today, be like the Samaritan – notice someone who's struggling and choose kindness, even if it feels hard. You might be the only 'stop' they get today!

– Justin Gunawan

COLOURING TIME!

Grab your colours and bring the Good Samaritan to life – with Yangon's golden pagoda in the background! Then say a prayer for families in Yangon to follow Jesus.



DOWNLOAD & PRINT THE FOLLOWING JESUS COLOURING BOOK!

DAY 02

CLEAN HEARTS

Following Jesus means we choose to have clean hearts and let God's love shine through us.

FOCUS CITY:
ULAANBAATAR, MONGOLIA

TODAY'S ADVENTURE

The sneakiest tax collector in town gets a visit from Jesus – and nothing is ever the same!

BIBLE STORY

Story: Zacchaeus Climbs Down and Meets Jesus
Reference: Luke 19:1–10

MEMORY VERSE

"The Son of Man came to seek and to save the lost. (Luke 19:10)"

FUN MEMORY METHOD

Act it out! Crouch down for 'lost', jump up for 'save', and point skyward for 'Son of Man'!

TODAY'S DEVOTIONAL

Imagine being the most unpopular kid in town – everyone knows your name, but NOT in a good way. That was Zacchaeus. He was a tax collector who cheated people out of their money, and everyone knew it. He was also very short, which is why when Jesus came to town, he had to climb a sycamore tree just to see over the crowd.

But here's the amazing part: Jesus spotted him up in that tree – and called him by name! "Zacchaeus, come down! I'm staying at your house today." The crowd was shocked. Why would Jesus want to spend time with THAT man?

But that one moment changed everything. Sitting with Jesus, Zacchaeus felt something shift inside him. He stood up and said, "I'll give half my money to the poor – and if I've cheated anyone, I'll pay them back four times over!" Jesus said: "Salvation has come to this house today!"

Jesus doesn't wait until we're perfect to come close. He sees us – even up in our trees – and calls us by name. When we spend time with Jesus, He changes our hearts from the inside out. That's what a clean heart looks like: letting Jesus in, and letting Him make things right.

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

Zacchaeus

Luke 19:1–10

FUN ACTIVITY

Make a 'clean heart' bookmark – draw a heart shape, write inside it one thing you want to ask Jesus to change in you, then decorate it brightly.

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray that Jewish people would be drawn to Yeshua because of the holiness and integrity they see in Jesus' followers around the world. (Matthew 5:16)
- Pray that wherever compromise or fear has gained a foothold among Jewish communities, the light of God's righteousness would shine through. (Romans 11:26)

FAMILY CHALLENGE!

Is there something you need to put right with someone? As a family, write a sorry note or make a phone call today.

FOCUS CITY

Ulaanbaatar, Mongolia

Ulaanbaatar is the cold and colourful capital of Mongolia, where most people live in round tent-like homes called gers. The church here is young and growing fast, full of people just like Zacchaeus – who met Jesus and were completely transformed. Pray for this brave, joyful young church!

Pray: Lord, change hearts in Ulaanbaatar like You changed Zacchaeus – completely, joyfully, forever.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God to show you anything He wants to clean up in your heart.

Knowing – I am special to God, exactly as I am, just like Zacchaeus.

Sharing – Tell a friend that Jesus loves them even before they change.

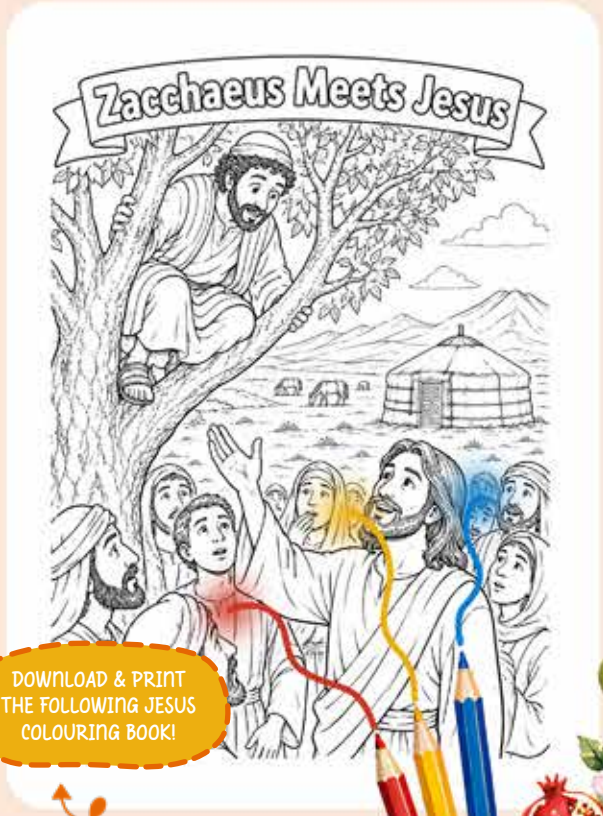
JUSTIN'S THOUGHTS

Zacchaeus didn't have to clean himself up first – Jesus came to him exactly as he was. That's true for me too, even on my hard days. You don't need to be perfect for Jesus to love you. Let Him climb into your story today, just like He did with Zacchaeus!

– Justin Gunawan

COLOURING TIME!

Colour in Zacchaeus up in his tree meeting Jesus – with Mongolian gers on the steppe behind them! Then pray for families in Ulaanbaatar to follow Jesus.



DAY 03

ONE FAMILY

Following Jesus means we choose to see every person as part of God's one big family.

FOCUS CITY:
MUMBAI, INDIA

TODAY'S ADVENTURE

Two women from different worlds make a bond so strong it changes everything – forever!

BIBLE STORY

Story: Ruth Stays Loyal to Naomi Through Everything
Reference: Ruth 1:1–18

MEMORY VERSE

"Where you go I will go, and where you stay I will stay. (Ruth 1:16)"

FUN MEMORY METHOD

Say it in pairs facing each other, pointing to your partner on 'you go' and to yourself on 'I will go'!

TODAY'S DEVOTIONAL

Ruth and Naomi didn't look like they belonged together. Naomi was an older Jewish woman whose husband and sons had died, leaving her heartbroken and alone. Ruth was her daughter-in-law from a completely different country and culture. When Naomi decided to travel home to Bethlehem, she told Ruth: "Go back to your own people. You don't have to come with me."

But Ruth wouldn't leave. She said those unforgettable words: "Where you go I will go. Where you stay I will stay. Your people will be my people and your God will be my God." Ruth chose love over comfort. She chose family over familiarity.

God's family is like that. It's not made up of people who all look the same, speak the same language, or come from the same place. God's family stretches across every nation, every culture, every colour. When we follow Jesus, we become brothers and sisters with people all over the world – even people we've never met!

You are part of the most international, most wonderfully mixed-up, most beautiful family on earth. And just like Ruth, God asks us to stick together – across every difference – because that's what love does. It stays.

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

Ruth and Naomi

Ruth 1:1–18

FUN ACTIVITY

Draw your 'global family tree' – in the branches, draw or write the names of children from different countries who also follow Jesus.

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray for maturity among Jewish believers in Israel and around the world, that they would grow in knowledge, love, and service. (Ephesians 4:12–13)
- Pray that Jewish believers would be equipped to represent Messiah well to family and friends who don't yet know Him. (Romans 1:16)

FAMILY CHALLENGE!

Find one way to connect with a Christian from another culture this week – write a letter, pray for them, or learn to say 'Jesus loves you' in their language.

FOCUS CITY

Mumbai, India

Mumbai is one of the world's most crowded and colourful cities – a place where dozens of languages, religions, and cultures all live side by side. Jesus is building His family there too, gathering people from every background into one beautiful community. Mumbai needs believers who live like Ruth – loyal, loving, and fearless.

Pray: Father, gather Mumbai's many peoples into one family who all know and love Jesus.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God to show you someone who needs to feel they belong.
Knowing – I belong to God's family, with brothers and sisters worldwide.
Sharing – Include someone who feels left out this week.

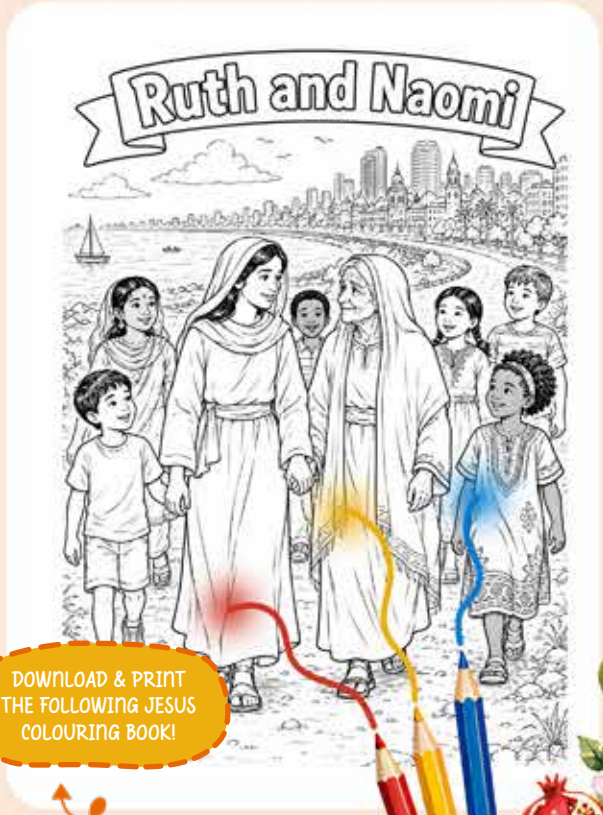
JUSTIN'S THOUGHTS

Ruth chose to belong, even when it meant leaving everything familiar behind. Some days I feel different from everyone else too. But God's family isn't about looking the same – it's about loving the same Jesus. You belong, wherever you are!

– Justin Gunawan

COLOURING TIME!

Colour in faithful Ruth and Naomi walking together – with Mumbai's sparkling coastline behind them! Then pray for families in Mumbai to follow Jesus.



DAY 04

MAKE PEACE

Following Jesus means we choose to be peacemakers and show God's love to everyone.

FOCUS CITY:
TASHKENT, UZBEKISTAN

TODAY'S ADVENTURE

Brothers who hated each other run to hug – find out how the biggest fight became the best reunion!

BIBLE STORY

Story: Jacob and Esau Embrace After Years Apart
Reference: Genesis 33

MEMORY VERSE

"Blessed are the peacemakers, for they will be called children of God. (Matthew 5:9)"

FUN MEMORY METHOD

Shake hands with someone while saying the first half, then link arms for the second half – swap partners each time!

TODAY'S DEVOTIONAL

Jacob and Esau were twin brothers, but their story was anything but peaceful. Jacob had tricked their father and stolen Esau's blessing, and Esau was so furious he wanted to kill his brother. Jacob ran away and didn't come back for twenty years.

Then one day, Jacob heard that Esau was coming to meet him – with four hundred men. Jacob was terrified. He prayed, he sent gifts ahead, and he prepared for the worst. But when Esau finally saw Jacob, something incredible happened. Esau ran. Not to fight – but to hug. He threw his arms around his brother, and they both wept.
God had been working in both their hearts.

You might know what it's like to fall out with someone – a friend, a sibling, someone at school. Maybe it's been going on so long, it feels impossible to fix. But Jesus is the ultimate peacemaker. He gave His life to break down walls and bring people back together. And He invites us to be peacemakers too.

Being a peacemaker doesn't mean pretending nothing happened. It means being brave enough to take the first step – like Jacob walking towards Esau, bowing low, hoping for forgiveness. Real peace costs something. But it is always, always worth it.

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

Jacob and Esau

Genesis 33

FUN ACTIVITY

Write or draw a 'peace story' – two characters who fall out and then make up. Give it a happy ending! You could write it as a comic, a poem, or a story.

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray for reconciliation between Jewish and Gentile believers – that historical wounds and misunderstandings would heal, and new partnerships of love would form. (Ephesians 2:14)
- Pray that the 'One New Man' – Jews and Gentiles united in Messiah – would be seen as a powerful witness in Central Asia and beyond. (Ephesians 2:15)

FAMILY CHALLENGE!

As a family, think of someone you've fallen out with or drifted from. Pray for them together, and talk about whether God might be calling you to take a first step.

FOCUS CITY

Tashkent, Uzbekistan

Tashkent is the ancient Silk Road capital of Uzbekistan in Central Asia – a place where Eastern and Western cultures have met for centuries. Today, Christians here live bravely, often in difficult conditions. This city sits at the crossroads of many peoples and faiths, just waiting for the peace that only Jesus can bring.

Pray: Jesus, bring peace and reconciliation to Tashkent's many cultures and faiths today.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God if there's someone you need to forgive or make peace with.
Knowing – I am a peacemaker, and God calls me His child for it.
Sharing – Say sorry or offer forgiveness to someone this week.

JUSTIN'S THOUGHTS

Esau could have stayed angry forever. Instead, he ran to hug his brother! Sometimes the bravest thing we can do is forgive first. Is there someone you need to make peace with today? Jesus will help you take that first brave step.

– Justin Gunawan

COLOURING TIME!

Colour in Jacob and Esau's big hug – with Tashkent's beautiful blue domes behind them! Then pray for families in Tashkent to follow Jesus.

DOWNLOAD & PRINT THE FOLLOWING JESUS COLOURING BOOK!

DAY 05

KING FIRST

Following Jesus means we choose to put God first in everything we think, say, and do.

FOCUS CITY:
MECCA, SAUDI ARABIA

TODAY'S ADVENTURE

A boy king finds a dusty old book – and it completely changes his country! Discover why God's Word matters.

BIBLE STORY

Story: Young King Josiah Chooses to Follow God's Word
Reference: 2 Kings 22 / 2 Kings 23

MEMORY VERSE

Seek first his kingdom and his righteousness. (Matthew 6:33)

FUN MEMORY METHOD

Whisper it slowly once, say it normally twice, shout it three times – get louder each time!

TODAY'S DEVOTIONAL

Josiah became king when he was just EIGHT years old. Can you imagine? Eight! While most kids his age were playing in the streets, Josiah was responsible for an entire nation. And unlike many kings before him, Josiah chose to follow God with his whole heart.

One day, workers repairing the temple found something incredible – a scroll. It was the Book of God's Law that had been lost and forgotten for years. When it was read aloud to Josiah, he was so moved that he tore his robes in grief. He realised how far his nation had wandered from God's ways.

But Josiah didn't just feel sad and do nothing. He acted. He called everyone together, read God's Word aloud to the whole nation, and led a massive clean-up – removing all the idols and false altars from the land. He put God first, even when it was hard work.

You might not be a king or queen, but you have something just as powerful: the choice to put God first every day. Maybe that means reading your Bible, or choosing God's way even when everyone else chooses differently. Like Josiah, you can be young and still make a massive difference when you choose: King First.

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

King Josiah

2 Kings 22–23

FUN ACTIVITY

Design your own royal decree – a scroll or certificate that says what you commit to put first in your life. Decorate it like a royal document with a wax seal shape and ribbon!

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray that God's Kingdom values of justice, mercy, and truth would take hold among Jewish people in the Middle East and North Africa. (Micah 6:8)
- Pray for the advancement of God's Kingdom among the Jewish diaspora globally – that Messiah's kingship would be revealed to them. (Matthew 6:33)

FAMILY CHALLENGE!

As a family, choose one habit this week that puts God's Kingdom first – morning prayer, reading scripture together, or serving someone in need.

FOCUS CITY

Mecca, Saudi Arabia

Mecca is the holiest city in Islam, in the heart of Saudi Arabia. Millions travel there each year seeking God. Most people there have never heard about Jesus or read His Word. Just like young Josiah discovered a lost scroll, pray that the people of Mecca would discover the truth of God's Word and the love of Jesus.

Pray: King Jesus, let Your truth and love reach the millions who travel to Mecca seeking You.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God what it looks like to put Him first this week.

Knowing – I am never too young for God to use me, like Josiah.

Sharing – Lead your family or friends in a moment of prayer.

JUSTIN'S THOUGHTS

Josiah was young, but he didn't let that stop him putting God first. Age doesn't decide how much you can love and follow Jesus – your heart does. You can lead the way at home, at school, anywhere, starting today!

– Justin Gunawan

COLOURING TIME!

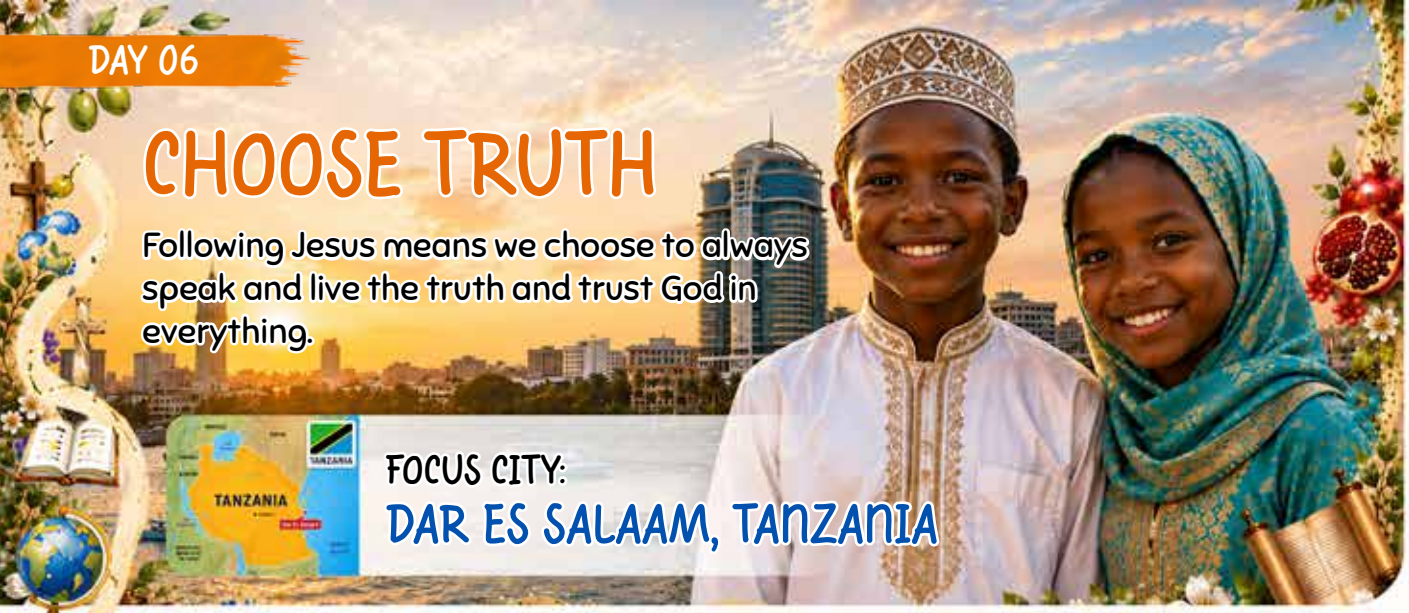
Colour in young King Josiah on his throne with the giant scroll – and desert Mecca in the background! Then pray for families in Mecca to follow Jesus.

DOWNLOAD & PRINT THE FOLLOWING JESUS COLOURING BOOK!

DAY 06

CHOOSE TRUTH

Following Jesus means we choose to always speak and live the truth and trust God in everything.



FOCUS CITY:
DAR ES SALAAM, TANZANIA

TODAY'S ADVENTURE

Daniel refuses the king's fancy food – and discovers that standing for truth makes you stronger!

BIBLE STORY

Story: Daniel Stands Firm and Chooses God's Way
Reference: Daniel 1

MEMORY VERSE

Your word is a lamp for my feet, a light on my path. (Psalm 119:105)

FUN MEMORY METHOD

Shine a torch in a darkened room as you say it together – turn the torch off and say it from memory in the dark!

TODAY'S DEVOTIONAL

Daniel was a teenager when his world was turned upside down. He'd been taken from his home in Jerusalem and brought to Babylon, one of the most powerful cities on earth. The king wanted to train him as one of his officials – a great opportunity. But there was a catch.

Daniel was expected to eat the king's food and drink the king's wine. And Daniel knew that this food didn't honour God. So he made a brave decision. He politely but firmly said: "No thank you. Could we eat vegetables and water instead, and see how we look after ten days?"

The official was nervous – but agreed. Ten days later, Daniel and his three friends looked healthier than everyone else in the king's programme. And God gave Daniel wisdom and understanding beyond anyone around him.

Here's what's amazing: Daniel didn't make a loud fuss. He didn't shout or rebel. He simply made a quiet, firm choice to honour God – even when it was easier not to. And God honoured him for it.

You face moments like this too. Maybe it's not about food – maybe it's about what you watch, how you speak about others, or whether you tell the truth when it would be easier to lie. Following Jesus means choosing truth, even when it costs you something. And when you do, God shows up.

FOLLOWING JESUS?

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

Daniel

Daniel 1

FUN ACTIVITY

Hold a family 'Truth Taste Test' – try some veggies and water like Daniel! Then write down or draw three 'truth choices' you want to make this week.

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray that Jewish people in Israel and worldwide would receive godly spiritual discernment to see truth clearly. (Psalm 119:105)
- Pray that any falsehoods or deceptions that blind hearts would be exposed, and that Messiah's truth would shine in every heart. (John 8:32)

FAMILY CHALLENGE!

This week, each family member picks one area where they'll choose truth over the easy option – and tells the family about it next week.

FOCUS CITY

Dar Es Salaam, Tanzania

Dar Es Salaam is Tanzania's vibrant coastal city – a busy port city full of colour, music, and over five million people. Like Daniel in Babylon, Christians here live as a faithful minority, choosing truth and integrity in a city where that can come at a cost. The church here is growing, brave, and shining brightly.

Pray: Father, fill Dar Es Salaam's young church with courage to stand for truth always.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God to help you know what's true in a tricky choice.
Knowing – I can be strong and healthy when I choose God's way, like Daniel.
Sharing – Tell a friend about a truth-choice you made this week.

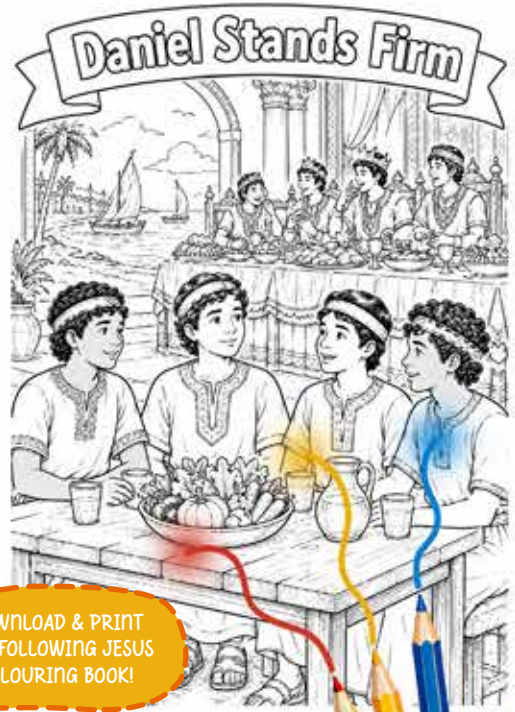
JUSTIN'S THOUGHTS

Daniel didn't shout or make a big scene – he just quietly decided to do what was right. You don't always need to be loud to follow Jesus well. Sometimes the bravest choices are the quiet ones, made firmly in your heart.

– Justin Gunawan

COLOURING TIME!

Colour in Daniel and his friends choosing vegetables over the king's feast – with Dar Es Salaam's coast through the archway! Then pray for families there to follow Jesus.



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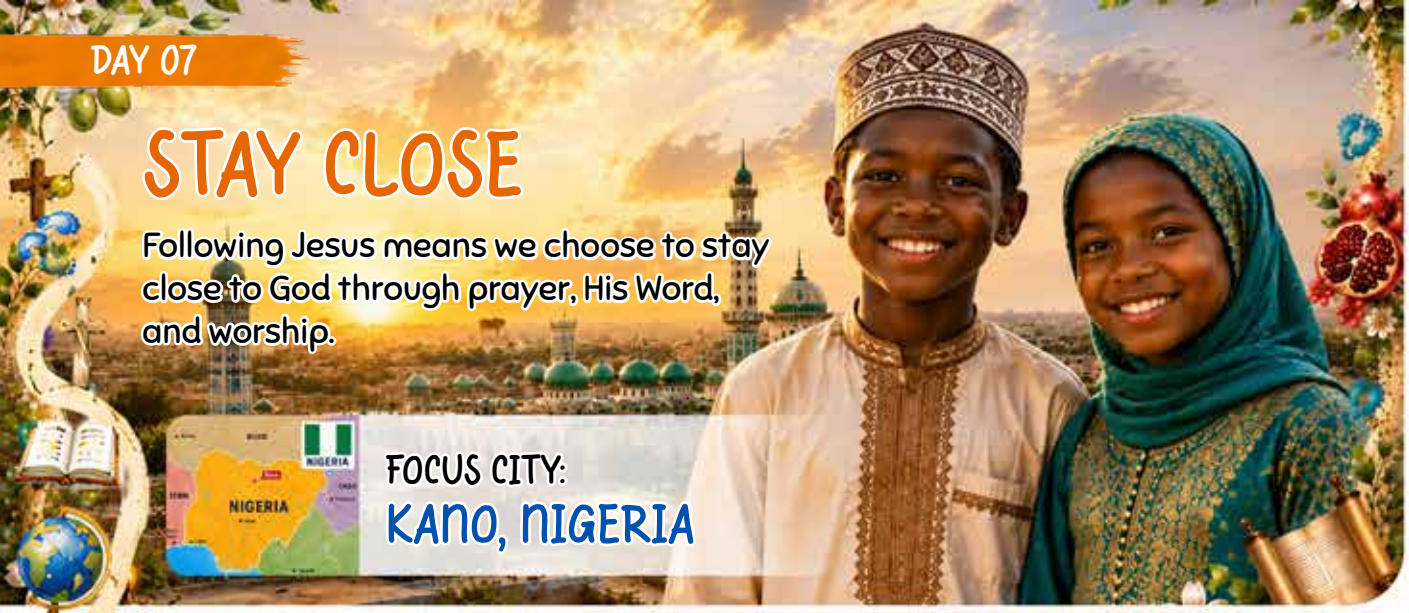
DAY 07

STAY CLOSE

Following Jesus means we choose to stay close to God through prayer, His Word, and worship.



FOCUS CITY:
KANO, NIGERIA

TODAY'S ADVENTURE

Mary chose the one thing that mattered most – discover what it means to simply stay with Jesus!

BIBLE STORY

Story: Mary Sits at Jesus' Feet and Listens
Reference: Luke 10:38–42

MEMORY VERSE

Look to the Lord and his strength; seek his face always. (Psalm 105:4)

FUN MEMORY METHOD

Say it like a conversation with God – pause after each phrase, as if listening for His reply. Try it three times.

TODAY'S DEVOTIONAL

Martha and Mary were sisters who both loved Jesus. One day Jesus came to visit their home. Martha immediately jumped into action – cooking, cleaning, rushing around to make everything perfect. She wanted everything to be just right for their special guest.

Mary did something different. She sat down right at Jesus' feet and just... listened. She didn't worry about the dishes. She focused on Jesus.

After a while, Martha got frustrated. "Jesus! Tell Mary to help me!" she said. But Jesus gently replied: "Martha, Martha – you're worried and upset about so many things. But only one thing is needed. Mary has chosen what is best, and it won't be taken away from her."

Ouch. But also – wow.

It's easy to be so busy doing things for God that we forget to actually be with God. Jesus doesn't want you to perform for Him. He wants to spend time with you – talking, listening, being still together. You are not just His helper. You are His friend. Staying close to Jesus isn't about sitting still forever. It's about making sure that in all the busyness of life, you keep coming back to His feet. Keep listening. Keep choosing the one thing that matters most: staying close to the one who loves you most.

FOLLOWING JESUS?

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

Martha and Mary

Luke 10:38–42

FUN ACTIVITY

Create a 'quiet corner' in your room – a cosy space with a cushion, a Bible, maybe a candle (with adult help!). Spend 5 minutes there today just being still with God.

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray for God to manifest His presence to Jewish people in Israel and in their homes throughout the land. (Psalm 27:4)
- Pray that Jewish people who don't yet believe would come to know the Father, the Son, and the Spirit personally. (Psalm 16:11)

FAMILY CHALLENGE!

Set a family 'device-free' time this week – even just 30 minutes – where you sit together, read a Bible passage, and listen to God in the quiet.

FOCUS CITY

Kano, Nigeria

Kano is a huge, ancient city in northern Nigeria – a centre of trade, culture, and history. It's a city where Christians live among many different faiths and face real challenges every day. But the church in Kano is choosing, like Mary, to stay close to Jesus – in prayer, in worship, in the quiet, and in courage.

Pray: Lord, draw the believers of Kano close to You, even amid challenge and pressure.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Spend two quiet minutes today just listening for God's voice.
Knowing – I am God's friend, and He loves spending time with me.
Sharing – Invite a friend or family member to be still with you and pray.

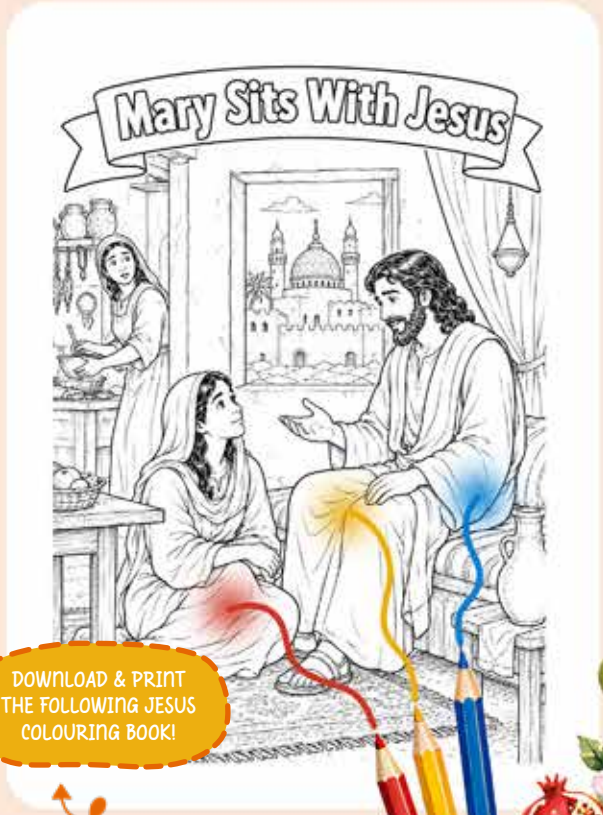
JUSTIN'S THOUGHTS

Martha was busy doing good things, but Mary chose the best thing – just being with Jesus. I sometimes get caught up being busy too. Today, try sitting still for a few minutes and just listening. Jesus loves spending time with you.

– Justin Gunawan

COLOURING TIME!

Colour in Mary sitting quietly at Jesus' feet – with Kano's ancient city walls outside the window! Then pray for families in Kano to follow Jesus.



DOWNLOAD & PRINT THE FOLLOWING JESUS COLOURING BOOK!

DAY 08

SHARE JESUS

Following Jesus means we choose to tell others about His love so they can know Him too.

FOCUS CITY:
PARIS, FRANCE

TODAY'S ADVENTURE

One small lunch, thousands fed, and a boy who said yes – discover how God uses what YOU have!

BIBLE STORY

Story: A Boy Shares His Lunch and Jesus Feeds Thousands. Reference: John 6:1–14

MEMORY VERSE

"The harvest is plentiful but the workers are few. Ask the Lord to send workers into the harvest. (Matthew 9:37–38)"

FUN MEMORY METHOD

Two groups: Group A says 'The harvest is plentiful' – Group B replies 'but the workers are few!' Then swap and repeat three times, getting faster!

TODAY'S DEVOTIONAL

Imagine being in a crowd of thousands of hungry people, and someone comes to you and asks: "Do you have any food?" You look in your bag. Five small rolls of bread. Two little fish. That's all you've got.

Would you hand it over? That's exactly what one young boy did when Andrew brought him to Jesus. He could have said, "This is hardly enough for one person – what's the point?" But instead, he gave what he had.

And Jesus took it. He gave thanks to God. And then He broke the bread and the fish... and somehow, miraculously, everyone ate until they were full. Over five thousand people. And there were twelve baskets of leftovers.

When we put what we have into Jesus' hands – even if it seems small, even if it seems not enough – He can do more with it than we can imagine.

Sharing Jesus works the same way. Maybe you think: "I'm just a kid. What can I do?" But you can smile at someone who's lonely. You can tell a friend what Jesus means to you. You can pray for your school, your street, your city. You can give what you've got to Jesus – and watch what He does with it.

The harvest is full of people waiting to be found. And Jesus invites you to be part of it.

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

Boy Feeds 5,000

John 6:1–14

FUN ACTIVITY

Pack a small 'sharing lunch' – even just a few biscuits or pieces of fruit – and share it with someone outside your family. Tell them God loves them!

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray for the harvest among Jewish people in Israel and globally – that many would come to a saving relationship with Messiah. (Romans 10:1)
- Pray for evangelistic efforts and discipleship movements to accelerate among the Jewish diaspora, including in Paris. (Romans 10:1)

FAMILY CHALLENGE!

As a family, think of one person you know who doesn't yet follow Jesus. Write their name down, put it somewhere visible, and commit to pray for them this week.

FOCUS CITY

Paris, France

Paris – yes, the city of the Eiffel Tower and croissants! – is also a city with millions of people who have never heard the good news about Jesus. France is one of the most secular countries in Europe. But God is stirring hearts there, and a growing prayer movement is asking the Lord to send workers into His harvest field in Paris and across Europe.

Pray: Lord of the harvest, send workers to share Your love across Paris and all of Europe.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God to show you who needs to hear about Jesus this week.

Knowing – I am useful to God right now, exactly as I am, like the boy with the lunch.

Sharing – Share something – a story, a kind word, or a snack – and tell someone about Jesus.

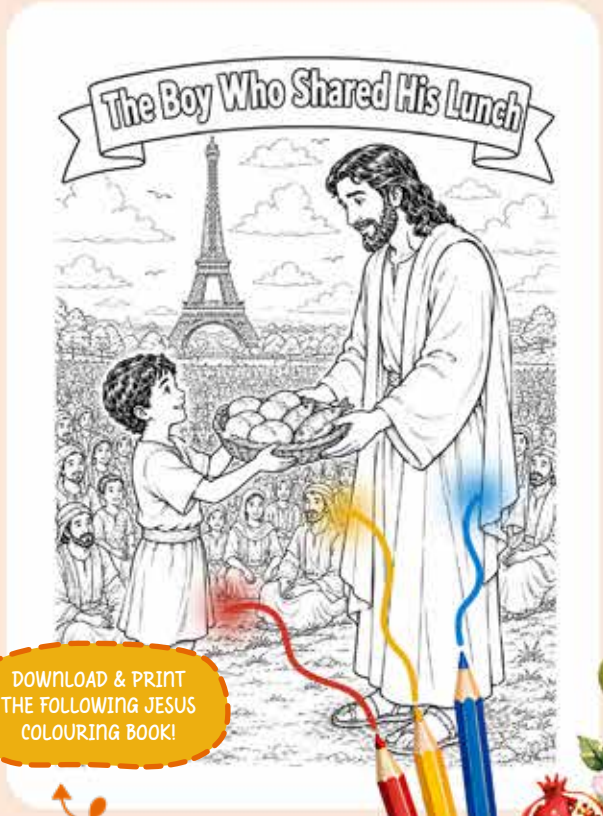
JUSTIN'S THOUGHTS

One boy's small lunch became a feast for thousands because he gave it to Jesus. You might feel like you're 'just a kid' with not much to offer – but give what you have to Jesus today. Watch what He can do with it!

– Justin Gunawan

COLOURING TIME!

Colour in the brave boy sharing his tiny lunch with Jesus – and the Eiffel Tower rising behind the crowd! Then pray for families in Paris to follow Jesus.



DOWNLOAD & PRINT THE FOLLOWING JESUS COLOURING BOOK!

DAY 09

GOD KEEPS PROMISES

Following Jesus means we trust God to keep His promises—today, tomorrow, always.

FOCUS CITY:
MEXICO CITY, MEXICO

TODAY'S ADVENTURE

A 100-year-old dad and a long-awaited baby – discover why God's promises are always, always worth waiting for!

BIBLE STORY

Story: God Keeps His Promise: Isaac Is Born to Abraham
Reference: Genesis 21:1–7

MEMORY VERSE

"Not one of all the Lord's good promises failed. (Joshua 21:45)"

FUN MEMORY METHOD

Write the verse on a sticky note, put it on a mirror, and read it aloud every time you pass – for the whole day!

TODAY'S DEVOTIONAL

Abraham and Sarah had waited a very, very long time. God had promised them a son – but years went by, and still no baby. Then more years. Abraham was getting old. Sarah was getting old. So old, in fact, that when God repeated the promise, Sarah laughed out loud. A baby? Now? Impossible!

But God said: "Is anything too hard for the Lord?"

And then – at just the right time, in just the right way – the promise came true. A baby boy was born. They called him Isaac, which means "he laughs." Sarah said, "God has brought me laughter and joy!" It had been worth the wait.

Sometimes God's promises feel like they're taking forever. Maybe you've prayed for something again and again and nothing seems to happen. Maybe you've wondered if God has forgotten. But God never forgets. His timing isn't always our timing, but His promises are completely trustworthy.

The Bible is full of promises that God has made – to love you, to never leave you, to work everything together for good, to one day make all things new. Every single one of them is true. Every single one is worth waiting for.

When the wait feels hard, hold on. God keeps His promises. He always has. He always will.

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

Abraham & Sarah's Miracle

Genesis 21:1–7

FUN ACTIVITY

Make a 'Promise Jar' – write down five promises from the Bible on strips of paper, decorate the jar, and pull one out each morning this week to carry with you.

FAMILY CHALLENGE!

Share with each other: what's one promise from God or one prayer you're still waiting for? Pray together for each person's waiting place.

WORSHIP SONG

FOCUS CITY

Mexico City, Mexico

Mexico City is one of the largest cities on earth, home to over 20 million people and a church that is growing fast! God is keeping His promises in Latin America – sending out missionaries, raising up worshippers, and awakening a new generation. Mexico City is a city of promise on the move!

Pray: Father, keep raising up missionaries and worshippers across Mexico City and Latin America.

Learn More

PRAYING FOR THE JEWISH PEOPLE

- Pray for God's covenant promises to Israel and the Jewish people to be fulfilled: spiritual restoration, national peace, and the ingathering of the exiles. (Romans 11:26)
- Pray that Jewish people in Latin America would see God's faithfulness in the fulfilment of His promises – and encounter Messiah, the Yes to every promise. (2 Corinthians 1:20)

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God to remind you of a promise He's spoken to you.

Knowing – I am someone God keeps His promises to, just like Abraham and Sarah.

Sharing – Encourage someone who is waiting for something hard with a promise from the Bible.

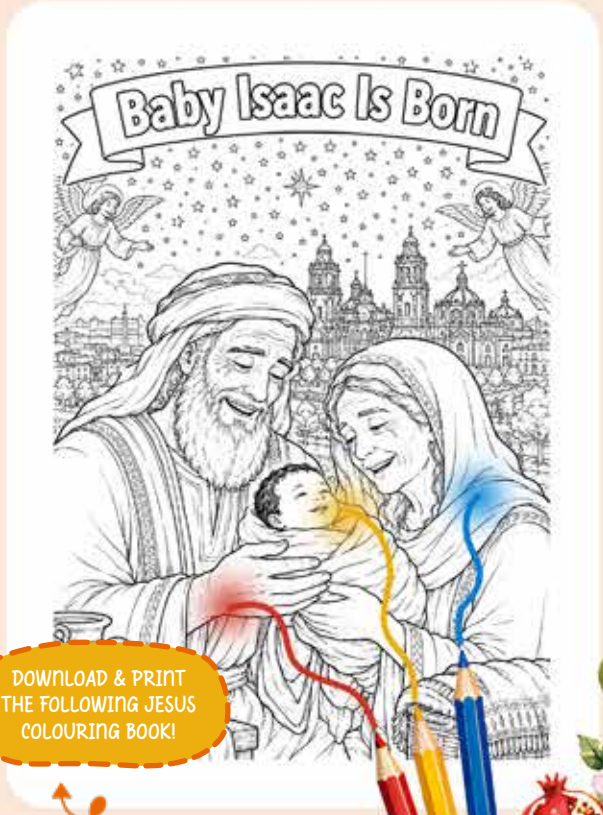
JUSTIN'S THOUGHTS

Sarah waited so long she actually laughed at God's promise! But God kept His word, right on time. Whatever you're waiting for, don't give up. God hasn't forgotten you – His promises are always worth the wait.

– Justin Gunawan

COLOURING TIME!

Colour in joyful Abraham and Sarah with baby Isaac under a sky full of stars – and Mexico City's cathedral behind them! Then pray for families there to follow Jesus.



DAY 10

JESUS IS COMING

Following Jesus means we look forward to His forever kingdom—where He will make all things new!

FOCUS CITY:
NEW YORK CITY, USA

TODAY'S ADVENTURE

Ten girls, ten lamps, one surprise arrival – discover why staying ready for Jesus matters every day!

BIBLE STORY

Story: The Wise Girls Keep Their Lamps Ready for the Groom
Reference: Matthew 25:1–13

MEMORY VERSE

"Look, I am coming soon! (Revelation 22:12)"

FUN MEMORY METHOD

Point up to the sky as you say it – then freeze like a statue for three seconds, then cheer! Repeat five times!

TODAY'S DEVOTIONAL

Jesus told a story about ten young women waiting for a bridegroom to arrive for a big wedding celebration. Five of them were wise – they brought extra oil for their lamps, just in case the wait was long. Five were foolish – they only brought what they needed for a short wait.

The bridegroom was a long time coming. All ten fell asleep. Then, in the middle of the night: "He's coming! Get up! He's here!" The ten young women all jumped up and trimmed their lamps. But the five who hadn't brought extra oil found their lamps going out. "Give us some of yours!" they said. But there wasn't enough to share.

While they went to buy more oil, the bridegroom arrived – and the door was shut. The wise five went in to the feast. The other five missed it.

Jesus was telling this story about Himself. He is coming back – one day – to gather all His people to the greatest celebration ever. We don't know when. But we are called to be ready.

Being ready doesn't mean sitting still doing nothing. It means living every day for Jesus – following Him, loving people, shining your light. Keep your lamp full. Keep following. He is coming!

FOLLOWING JESUS

WATCH CAMI'S INTRO VIDEO

BIBLE STORY

The 5 Wise Girls

Matthew 25:1–13

FUN ACTIVITY

Make a paper lantern from coloured paper or decorate a small torch. Write on it: 'READY FOR JESUS!' Light it up and pray together as a family.

WORSHIP SONG

PRAYING FOR THE JEWISH PEOPLE

- Pray that the Jewish people – especially in New York – would acknowledge Jesus as Messiah, crying out 'Blessed is He who comes in the name of the Lord!' (Matthew 23:39)
- Pray that all Israel would look upon Yeshua (Jesus) whom they have pierced, and that God's promise of redemption would be fulfilled in our generation. (Zechariah 12:10)

FAMILY CHALLENGE!

Write a family 'letter to Jesus' – what would you most want to say to Him when He comes? Read it aloud together and keep it somewhere special.

FOCUS CITY

New York City, USA

New York City is one of the most famous cities in the world – and one of the most important. It's home to people from every nation, and has one of the largest Jewish populations outside Israel. As we pray on Day 10 – which falls on Yom Kippur, the Day of Atonement – we join believers worldwide in a 24-hour prayer for Israel and the Jewish people. Find out more at 110cities.com.

Pray: Lord, awaken hope in New York City and stir all nations to long for Your return.

Learn More

2BC CHAMPION CHALLENGE

Be a 2BC Champion today – Hearing, Knowing, and Sharing!

Hearing – Ask God to help your heart stay ready and watchful for Jesus.
Knowing – I am part of God's family, and Jesus is coming back for me.
Sharing – Tell someone today that Jesus is coming back, and He loves them.

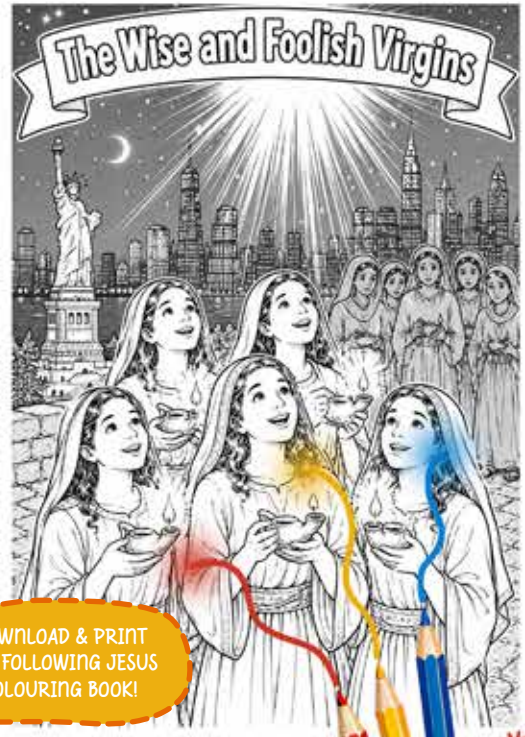
JUSTIN'S THOUGHTS

I don't know exactly when Jesus is coming back – nobody does! But I know I want my lamp ready, just like the wise girls in the story. Keep following Jesus every single day, and you'll always be ready for whatever happens next.

– Justin Gunawan

COLOURING TIME!

Colour in the five wise girls with their glowing lamps – with New York's famous skyline lighting up behind them! Then pray for families in New York to follow Jesus.



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FOLLOWING JESUS!

2BC
2 BILLION CHILDREN

CERTIFICATE

_____

Name

Has completed the 'Following Jesus!' 10 Days of Prayer 2026!

I am a 2BC Champion!

I HEAR my Heavenly Father's voice
I KNOW I am a child of God
I SHARE His love with others around me

The Holy Spirit lives in me and He will change the world through me!

_____ _____

Signed Date

FOLLOWING JESUS

Keep Going!

A Final Word from Justin

"You did it! Ten whole days of praying for people and places all over the world. Do you know what that means? It means you really are a world-changer. I was once told my voice did not matter much. But God said it did. Your prayers matter more than you will ever know on this side of heaven. Do not stop now. The world is still waiting for your voice."

– Justin

Join Shine! 24HRS —
monthly prayer and worship for children and families:
www.2bc.world/shine

Explore the 110 Cities —
ask your parents / guardians to help you learn about unreached peoples and pray for them:
www.110cities.com

Become a 2BC Champion —
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- Children knowing their identity in Christ
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