



LISTEN • LIVE • LOVE

Praying, Growing, and Shining with Jesus

A 7-Day Children's Prayer Journey for Buddhist Peoples

10th - 16th February 2026



www.110cities.com



LISTEN • LIVE • LOVE



WELCOME TO LISTEN – LIVE – LOVE!

Whatever your age, place or background, we are so pleased that you are here!

“Ask of me, and I will make the nations your inheritance.”
(Psalm 2:8, NIV)

This special edition Children’s Prayer Guide for Buddhist Peoples 2026 invites you all on a joyful 7-day journey of prayer, worship, and discovery, created especially for children aged 6–12.

As you use this guide together, children will learn to Listen to God, Live as children who belong to Jesus, and Love people around the world. Each day focuses on a different country or city where many children have never heard about Jesus — and your prayers truly matter.

Real Stories, Real Places, Real Prayer

The stories in this guide are inspired by **real people, real families, and real communities**. They reflect everyday life in different nations — children going to school, helping at home, playing with friends, and asking big questions about life. These stories help children understand that God cares deeply about people everywhere and is at work in every culture.

Alongside the stories, you’ll find Bible verses, Justin’s Thoughts, simple prayers, colouring, language learning, and worship songs to help you engage with your whole hearts, minds, and bodies.

Each day includes a children’s worship song, plus the specially written Listen • Live • Love theme song. Children are encouraged to **sing, move, dance, and do the actions** — worship is something we enjoy together!

Singing the theme song every day helps us remember the message and grow in confidence.

“The light shines in the darkness, and the darkness has not overcome it.”
(John 1:5, NIV)

How to Use This Guide

Use the guide at a time that works for you! — before school, after tea, or at bedtime. You don’t need to do everything.

Take a few minutes each day to **read, pray, sing, and talk together**, and let children lead whenever they can.



An [adult version](#) of this prayer guide is also available on the website, so parents, carers, and leaders can pray alongside children and explore the same journey in greater depth.

A Blessing for You All

May your homes be filled with God’s peace and joy as you pray together.
May the children grow confident in who they are in Christ.
And may you all shine the love of Jesus wherever you go.

The 2BC / 110 Cities Team

LISTEN • LIVE • LOVE

Prayer Itinerary

Children's Prayers for Buddhist Peoples 2026



Day 1
Bhutan - Thimphu



Day 2
Laos - Vientiane



Day 3
Thailand - Bangkok



Day 4
Japan - Tokyo



Day 5
India - Himalayan Region



Day 6
Myanmar - Yangon



Day 7
USA - Los Angeles



Why Are We Praying for the Buddhist Peoples?

You might be wondering, “Why are we praying for Buddhist people during this adventure?” That’s a great question — and the answer is really important!

There are **over 500 million Buddhist people** in the world today. Many live in countries across East, South, and Southeast Asia, and some live in cities all around the world, even near where you live. Behind the temples, festivals, monks, and prayers are real people — mums and dads, grandparents, and lots of children just like you. And **God loves every single one of them.**

The Bible tells us that God made all people in His image (Genesis 1:27). That means every Buddhist child is precious and deeply loved by Him. But many Buddhist people have **never heard the good news about Jesus** — that He loves them, forgives them, and wants to be their forever friend.

Buddhism teaches people to try very hard to be good and peaceful on their own. But Jesus offers something different. He says, “**Come to me... and I will give you rest**” (Matthew 11:28). Only Jesus can bring forgiveness, hope, and new life.

That’s why we pray! We ask God to help Buddhist children and families hear about Jesus in loving and gentle ways — through friends, stories, dreams, and brave people who share His love.

Your grown-ups are praying too — for churches to grow, for missionaries and helpers, and for whole families to meet Jesus. And guess what? **Your prayers matter too!** When children pray, God listens.

As you go on this journey, remember: you are part of God’s big plan.

Every prayer you pray helps shine Jesus’ light into the Buddhist world.

Listen • LIVE • Love

Theme song!



LISTEN • LIVE • LOVE



This is our special theme song for the week!

It helps us remember to listen to Jesus, live His way, and love others. Sing loudly, dance freely, and make up fun actions together!

Remember the Bible verse: "My sheep listen to my voice." (John 10:27)

LISTEN • LIVE • LOVE – THEME SONG!

Verse 1

When I'm quiet, God is near
I stop and listen, I can hear
He loves me lots, He calls my name
I'm His child, I'm not the same

Chorus

Listen, Live, Love - Follow Jesus every day!
Listen, Live - Shine His Light in every way!
Listen, Live - Hear His voice and do what's right
Listen, Live, Love, Shine!

Verse 2

Jesus helps me love my friends
Share His joy that never ends
At home, at school and all I do
I live like Jesus, Kind and true

Chorus

Listen, Live, Love - Follow Jesus every day
Listen, Live - Shine His Light in every way!
Listen, Live - Hear His voice and do what's right
Listen, Live, Love, Shine!
Shine His Light!

Verse 3

Jesus says, "Come, follow Me"
I listen close and trust Him fully
He knows my name, He leads my way
I walk with Jesus every day

Chorus

Listen, Live, Love - Follow Jesus every day
Listen, Live - Shine His Light in every way!
Listen, Live - Hear His voice and do what's right
Listen, Live, Love, Shine!
Shine, shine His Light!

Listen!

Live!
Love!

Jesus!

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Justin's Story

Justin is an incredibly talented young Indonesian writer. He overcame the massive challenges of autism, difficulty speaking and daily struggles to publish his first book at the age of 8. Despite his difficulties, Justin uses his writing to inspire and encourage others worldwide, turning his challenges into a source of strength.

Justin has written our daily thoughts and themes for the 7 Day Prayer Guide and trusts that each one of us is blessed, comforted and encouraged by them.

Follow Justin on [Instagram](#) | [Buy Justin's Book](#) | [Justin's introduction](#)



Apakah kamu tahu bahwa Yesus lebih tua dari
diagnosisku? Aku adalah anak yang tidak bisa bicara sampai
usia 5 tahun. Tapi aku punya nilai sangat tinggi untuk Tuhan
menyebutkan namanya, dan tidak ada yang bisa menggantikannya.

NEVER EVER GIVE UP ON YOUR DREAMS! I AM JUSTIN GUNAWAN FROM INDONESIA.

Today I want to talk about dreams. Everyone young and old has dreams

I have a dream to be a speaker and a writer... but life is not always smooth. The road is not always clear.

I was diagnosed with a severe speech disorder. I didn't really speak until I was five years old. Hours and hours of therapy had helped me to where I am now, still choppy and had difficulty.

Do I ever give up on my dream?

No!! it's only made me work harder and harder.

Let me be honest with you, occasionally yes.

I might get frustrated, tired and a little discouraged with my situation.

So what do I usually do? Breathe, rest and relax but never ever give up!

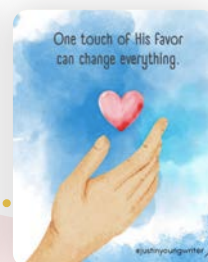
Justin Gunawan (16)

Do let Justin know how you have been encouraged [HERE](#)

MORE ABOUT JUSTIN...

Justin was diagnosed with autism at two. He was unable to speak until five. He underwent 40 hours of therapy weekly. He was not accepted by 15 schools before finally finding one. At seven, his writing skill was assessed at just 0.1 percent, but his mother's efforts to teach him how to hold a pencil and write bore fruit. By eight, Justin's writing was published by a national publisher.

Despite his difficulties in speaking and the daily struggles with his autism, Justin uses his writing to inspire and encourage others worldwide, turning his challenges into a source of strength. His writing can be seen on Instagram [@justinyoungwriter](#), where he continues to share his journey and connect with people around the world.



Our 2BC Vision for the Children

LISTEN • LIVE • LOVE



**Our prayer is that through
this guide we will see...**

- ✓ Children hearing the voice of their Heavenly Father
- ✓ Children knowing their identity in Christ
- ✓ Children empowered by God's Spirit to share His love with others



2 BILLION CHILDREN

Visit us at www.2bc.world



B.L.E.S.S. Card



PRAY for 5

TAKE 5 MINUTES A DAY TO
PRAY FOR 5 PEOPLE BY NAME
WHO NEED JESUS

1	<input type="text"/>
2	<input type="text"/>
3	<input type="text"/>
4	<input type="text"/>
5	<input type="text"/>

Ways to PRAY

- 1 Father, draw them to your Son Jesus (John 6:44).
- 2 Father, remove their spiritual blindness so they will believe the Gospel (2 Cor. 4:4; Acts 16:14).
- 3 Father, give them the gift of repentance to turn from their sins (John 16:8; 2 Tim. 2:25-26).
- 4 Father, give me opportunities and boldness to share the Gospel with them (Col. 4:3-4; Acts 4:29-31).
- 5 Father, please save them and their whole family (Acts 16:31).

SHARE JESUS WITH THEM BY LIVING OUT

The B.L.E.S.S. Lifestyle

Begin with prayer | Listen to them | Eat with Them
Serve Them | Share Jesus with Them



Let the Children Shine! - Worship & Prayers for the “Light of the World” Movie



JESUS IS THE LIGHT OF THE WORLD!

One of the most exciting things we can remember as we pray is that **Jesus is the Light of the World!** His light shines in every place, even where there is darkness.

In John 8:12, Jesus said: *“I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.”*



Last summer, we launched **SHINE!** – it involves many children around the world joining together each month in **24 Hours of Worship and Prayer**. For one whole day, every hour, children and families pray and worship, asking God to use the new animated film **Light of the World** to touch the hearts of millions of children. Each month, we will focus on a country - praying for the children and youth to become Jesus followers!

You can join us from home, school, church or online for **SHINE!** each month during 2026. We meet on the second Tuesday of each month!

The **Light of the World** movie tells the story of Jesus through the eyes of his youngest Apostle, John, when he is a child and a follower of Jesus. It has just launched in theaters in the U.S. and in several other nations.

Visit www.2bc.world/shine for resources, ideas, and to see the trailer for the movie. You'll find worship songs, activity sheets, and ways your family can join in prayer.



[Sing along with Shane & Shane – ‘Light of the World’ Medley!](#) Or [Sing the Salvation Poem Song](#) with other children around the world.

Together, let's keep shining His light (Matthew 5:9) – in our prayers, our words, and our lives – so that many children will discover the joy, hope, and peace that only Jesus gives!

www.2bc.world/shine

10TH FEBRUARY 2026

Day
01

PRESENCE

God Is With Me Wherever I Am

Be strong and courageous. Do not be afraid;
do not be discouraged, for the Lord your God
will be with you wherever you go.

– Joshua 1:9



Bhutan

Today's Country / City Focus...

Bhutan - Thimphu



JUSTINS THOUGHTS

God was with Tandin in the mountain village, just like He is with you. The Bible says, "The Lord your God will be with you wherever you go." When you feel alone at school or bedtime, whisper a prayer. God listens. You never walk anywhere without Him beside you.

PRAYING FOR

The Doya community

Doya children in Bhutan follow Buddhism, with few churches, so many have never heard about Jesus.

TANDIN'S STORY:

Whispered Prayers in a Mountain Village

Read & Listen
to the Story!



2 BILLION CHILDREN

2BC CHAMPIONS!

Spend a few minutes being still and quiet! Think about these 3 topics and pray about what you think God is saying to you.

Hearing - from God

Ask God to speak to you in a special way today.

Knowing - why I am special

I am never alone; God is with me always today. – Joshua 1:9

Sharing - God's love

Show kindness today so friends feel God's loving presence near.

LET'S PRAY...

Here are a few prayers to start you off...

- ✓ Jesus, thank You that You are always with me, wherever I go.
- ✓ Father, protect Bhutan families praying quietly and fill them with courage today there.
- ✓ Jesus, give believers all that they need to bring your love to their neighbors.
- ✓ Father, please send more local and visiting missionaries to speak faithfully about you.

More Prayer Info:

Prayercast - Bhutan



Colour the Picture
& Speak Bhutanese!



10

Tandin's Story

Though we only have a little bit of insight into the culture and people group of Thimphu because of government restrictions, here is what it might be like for children living in Bhutan.

Tandin was eight years old and lived in a small village tucked into the green hills of southern Bhutan, not far from the river that wound like a silver ribbon through the valley.

Each morning, mist wrapped the mountains while he helped his mother sweep the packed earth courtyard and feed their few chickens.

After a quick bowl of rice and vegetables, he would sling his worn schoolbag over his shoulder and start the walk down the narrow path toward the village school.

His family belonged to the Doya community, a small ethnic group that many people in Bhutan scarcely knew by name. Their houses were simple, and life was shaped by the seasons. They planted corn and millet, tended to small fields, and collected firewood from the forested slopes.

When school ended, Tandin would race back home with his friends, laughing as they jumped across streams and chased each other along the paths.

Evenings were often spent helping in the fields, carrying water, and listening to elders tell stories about their people and the mountains they had always called home.

Unlike most of his neighbors, Tandin's parents followed Jesus. They had heard the Gospel years before when a relative who had traveled outside the region returned and quietly shared about Christ.

In their village, almost everyone followed traditional Bhutanese religious practices, visiting temples and making offerings. For that reason, Tandin's family usually kept their faith quiet.

They prayed together in their house, speaking softly so their voices would not carry beyond the thin walls, and they read from a treasured Bible that had been gifted to them.

Sometimes, Tandin felt caught between two worlds. At school and in the village festivals, he learned about the stories and rituals his teachers considered important. At home, he learned about Jesus. He learned about forgiveness, love for enemies, and the hope of eternal life.

He loved singing simple worship songs to Jesus before bed and asking questions about what it meant to follow Christ in a place where almost no one else did.

There were days when he noticed the difference. Some neighbors grew distant when they realized his family did not participate fully in certain religious ceremonies.



SING, DANCE - PRAISE!

THE BIBLE SONG:



OUR THEME SONG:



— Click to Play the Songs on YouTube —

Today's song helps you listen to God as He speaks through the Bible!

© CJ & Friends

A few relatives whispered that they were rejecting the ways of their ancestors. His parents were careful, wanting to avoid trouble, but they also wanted to teach their son not to be ashamed of his faith. They reminded him that Jesus was with them in their village, on the mountain paths, and even in the classroom where he sat in his neat row of students.

Access to the Gospel in Tandin's area was limited. There were no visible churches nearby and no open Christian gatherings he could attend. Most of what he knew came from his parents' stories, the worn pages of their Bible, and rare visits from believers who passed through, staying just long enough to encourage them and pray. When those visitors came, the house felt full of light.

They spoke of brothers and sisters in other countries who were praying for people in Bhutan to know Jesus, and that thought comforted Tandin on quiet nights when he wondered whether other children believed in Jesus as he did.

Yet even with the pressure to blend in and the lack of an open Christian community, Tandin's faith grew in small, hidden ways. He whispered prayers on his walk to school, asking God to protect his family. He prayed for his friends by name, that one day they might understand why Jesus mattered so much to him.

Looking at the high mountains, he imagined that could reach even the most villages, even the people who never heard the name of Jesus. In he hoped that one day there more followers of Jesus among people, so they would not feel

**Click to
Listen to
this story!**

10TH FEBRUARY 2026

Day
01

Color & Say it!

Download
Colouring Book

Colour Tandin standing in a mountain village with houses and chickens around him.

Today's language is Bhutanese. Try saying hello and thank you using the words on the page.

As you colour and learn new words, pray for people in Bhutan who do not know Jesus yet.

Learn some Bhutanese

Hello: Kuzuzangpo
(pronounced koo-zoo-zahng-po)

Thank you: Kadrinchey
(pronounced kah-drin-chay)

Please: Tashi delek
(used politely, or Juli for "please" in requests)

Chicken: Phem
(pronounced pem)

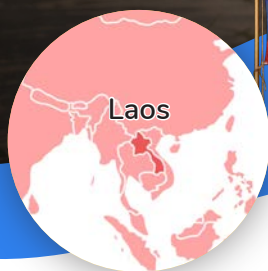
How are you?:
Kuzuzangpo la ga ra?
(pronounced koo-zoo-zahng-po lah gah rah?)



BELONGING

God Puts Me in a Family

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are!
– 1 John 3:1



Today's Country / City Focus...

Laos - Vientiane



JUSTINS THOUGHTS

God puts people in families because He loves us. Even when families look different, God calls us His children. The Bible says, "God sets the lonely in families." Helping at home, sharing toys, or saying sorry shows God's love. You belong to Him, and you matter deeply.

PRAYING FOR Lao families

Lao Buddhist families live quietly, with little chance for children to learn about Jesus there.

NOI & BOUN'S STORY:

A Family Following Jesus by the River

Read & Listen
to the Story!



2 BILLION CHILDREN

2BC CHAMPIONS!

Spend a few minutes being still and quiet! Think about these 3 topics and pray about what you think God is saying to you.

Hearing - from God

Ask God how He wants you to love your family.

Knowing - why I am special

I belong to God's family; I am His loved child. – 1 John 3:1

Sharing - God's love

Do one helpful thing at home to show Jesus' love.

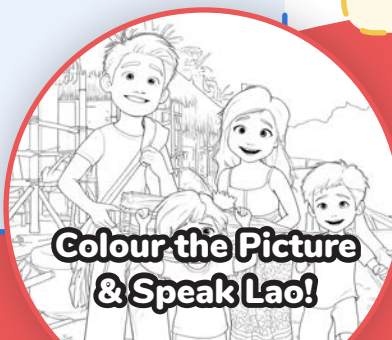
LET'S PRAY...

Here are a few prayers to start you off...

- ✓ Father God, thank You that I belong to Your family and You love me.
- ✓ Father God, bless missionaries helping Lao families discover Your loving family.
- ✓ Father, may your angels keep secret Christians safe from harm and bad treatment.
- ✓ Holy Spirit, help Lao parents teach their children gently about Jesus.

More Prayer Info:

110 Cities – Vientiane



Colour the Picture
& Speak Lao!



Noi & Boun's story:

In the bustling heart of Vientiane, Laos, where the Mekong River sparkled like a ribbon of gold under the morning sun, lived a happy family named the Souks. Papa Souk was a kind fisherman who mended nets at dawn, Mama Souk wove colorful silk scarves that told stories of their Lao heritage, to their two children: 10-year-old Noi with her quick laugh and 7-year-old Boun with his endless curiosity. Noi and Boun loved to help keep their riverside home alive with joy.

A typical day began before the roosters crowed. Papa rowed his narrow boat onto the misty Mekong, casting nets for silvery fish while humming old folk tunes. Mama fired up the clay stove, stirring sticky rice and fresh morning glory greens over a gentle flame, the smoky scent waking the kids. Noi and Boun scampered out barefoot, feeding the chickens and splashing in shallow puddles before school. Mama was busy tying their hair with jasmine flowers and hurrying them out the door.

After bowls of rice porridge, the children pedaled rusty bikes to the local school, waving to neighbors. Lessons filled the day with Lao script, math, and songs about the river spirits. Home by noon, they helped Mama sell scarves at the morning market, bargaining with smiles amid the chatter of vendors and the sizzle of grilled meats. Afternoons meant chores: Noi swept the bamboo house while Boun fetched water from the pump, then playtime chasing dragonflies or kicking a woven ball. Evenings brought family time, Papa grilling fish, everyone sharing stories under strings of fairy lights, ending with Mama's lullabies as fireflies danced outside.

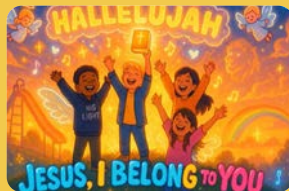
But the Souks were different. Years ago, a traveling trader had whispered about Jesus to Papa, sharing a tattered New Testament. Quietly, the family followed Christ, their home a secret haven of faith amid Laos's Buddhist ways. No temples, alms for Buddhist monks, or prayer flags for them, but whispered prayers before meals and Bible stories by lantern light.

At festivals like Pi Mai (Lao New Year), they splashed water with friends but skipped spirit offerings, drawing curious glances. Neighbors whispered, "Why no merit-making?" School friends teased Noi gently, and once officials visited after rumors of "foreign religion," warning them to stay quiet.



SING, DANCE - PRAISE!

JESUS, I BELONG TO YOU



OUR THEME SONG:



— Click to Play the Songs on YouTube —

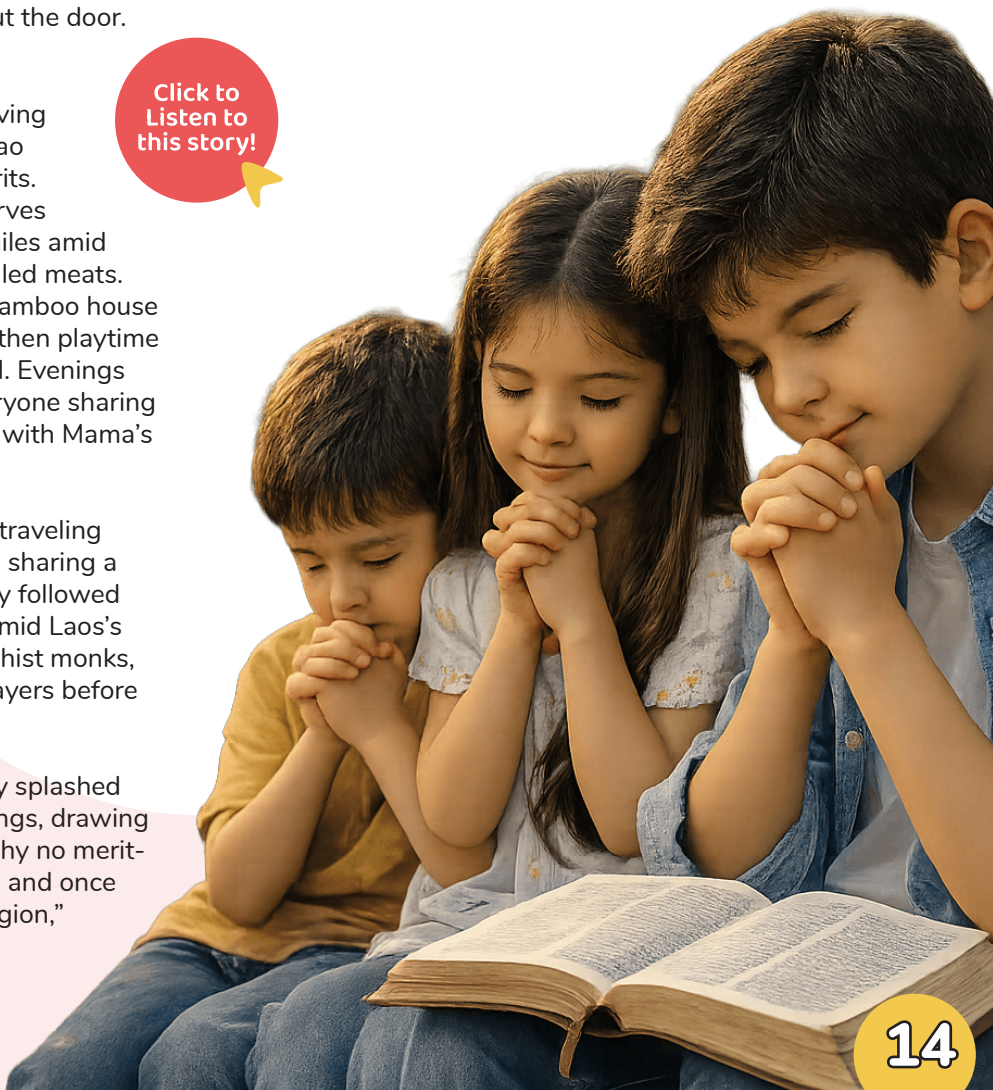
Today's song reminds you that you belong to God and are part of His family!

© Kids Worship / Channel Owner

Open churches were rare and watched, evangelism risky under laws favoring Buddhism. Yet the Souks shone with kindness. They shared extra fish with the poor, forgiving bullies - which puzzled and softened hearts around them.

Being Christian meant joy wrapped in caution, like a lotus blooming in hidden waters. Just like Jesus had warned, that people persecuted Him and they would persecute us, too.

Click to
Listen to
this story!



Color & Say it!

Download
Colouring Book

Colour Noi and Boon's family by their riverside home with palm trees and baskets.

Today's language is Lao.
Practice saying hello, thank you, and how are you.

As you colour and learn new words, pray for families in Laos who do not know Jesus yet.

Learn some Laotian

Hello: Sabaidee
(pronounced sah-bye-dee)

Thank you: Khob chai
(pronounced kop-chai)

Please: Kha (pronounced kah, polite particle for men; women say Daa)

Palm tree: Yaa
(pronounced yah)

How are you?: Sabaidee bor? (pronounced sah-bye-dee baw?)

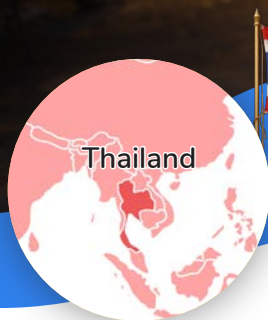


TRUTH

Jesus Is the Only True God

Then Jesus came to them and said, "All authority in heaven and on earth has been given to me."

– Matthew 28:18



Today's Country / City Focus...

Thailand - Bangkok



JUSTINS THOUGHTS

Many people trust lots of things for help, but Jesus says He has all the power. The Bible says, "All authority belongs to Jesus." When you're scared, worried, or unsure, choose Jesus. Like choosing the strongest superhero, trusting Jesus means you're safe with the true King.

PRAYING FOR Isaan peoples

Isaan children in northeast Thailand have mixed spirit beliefs. Most of them do not know Jesus yet.

MEI'S STORY:

Learning Who the One True God Is

Read & Listen
to the Story!



2 BILLION CHILDREN

2BC CHAMPIONS!

Spend a few minutes being still and quiet! Think about these 3 topics and pray about what you think God is saying to you.

Hearing - from God

Ask Jesus to show what needs replacing in your heart.

Knowing - why I am special

Jesus alone is Lord; I trust Him with my life. - Matthew 28:18

Sharing - God's love

Choose Jesus today and explain why to a curious friend.

LET'S PRAY...

Here are a few prayers to start you off...

- ✓ Jesus, help me trust You as the one true God every day.
- ✓ Jesus, help Isaan children hear truth through missionaries and other children.
- ✓ Father God, protect church planters teaching that Jesus is the one true God.
- ✓ Holy Spirit, bless radio programs sharing Jesus across Thai villages today.

More Prayer Info:

110 Cities – Bangkok



Colour the Picture
and Speak Thai!



12TH FEBRUARY 2026

Day
03

Mei's Story:



SING, DANCE - PRAISE!

ALL ABOUT JESUS

OUR THEME SONG:



— Click to Play the Songs on YouTube —

Today's song helps you remember that Jesus is Lord and the centre of our faith!

© Children's Worship Channel

In the heart of Bangkok's buzzing Chinatown alleys, where neon signs flickered even at dawn and the air smelled of sizzling pork satay and sweet mango sticky rice, 8-year-old Mei started her day with a big stretch.

Her family lived in a tiny apartment above Mom's street food cart. Dad fixed motorbikes in a smoky garage next door, while baby sister Nong napped in a hammock.

Mei jumped up as roosters crowed and tuk-tuks honked outside. "Time for khao niew mamuang!" Mom called, handing her a sticky rice ball wrapped in banana leaf for breakfast. Mei gobbled it while helping set up the cart, arranging colorful plastic stools for customers.

Dad waved from under a scooter, grease on his cheeks, shouting, "Ride safe to school, little tiger!"

She pedaled her pink bike through chaotic streets, dodging fruit vendors, golden spirit houses with incense smoke curling up, and orange-robed monks collecting alms.

At school, the day flew by, Thai language lessons with funny rhymes, maths under whirring fans, and art time drawing elephants. Lunch was spicy som tam papaya salad shared with giggling friends.

Afternoons meant racing home for homework on the balcony, then playtime: tag in the soi alley, jumping puddles after rain showers, or sneaking mangoes from a neighbor's tree.

As the sun dipped, the family gathered for dinner. Mom fried chicken, Dad told silly stories, and everyone laughed over steaming rice. At the end of the day, fairy lights twinkled along the wet streets, motorbikes zoomed by, and Mei drifted to sleep dreaming of adventures, the city's hum like a lullaby.

Many Isaan friends in Thailand think that they can collect superpowers from worshipping all kinds of gods and spirits. They treat them more like magic charms from everywhere to stay safe and strong. Guys especially wear necklaces full of lucky talismans, and they think, "Why not add a Christian cross too?" When they hear about Jesus, they ask, "Can I keep being Buddhist AND follow Jesus?"

This makes it tricky for new Jesus-followers from Buddhist homes. They worry, "What if Jesus isn't strong enough for big problems? Better keep some idols just in case!" But Jesus says, "I have ALL the power in heaven and earth!" That's the exciting secret to growing super strong in faith. When we put away all our idols, and worship God alone, we find real faith and a real relationship with God.

Click to Listen to this story!



Color & Say it!

Download
Colouring Book

Colour Mei walking through a busy street with stalls, fruit, and traffic.

Today's language is Thai. Try saying hello and thank you in Thai.

As you colour and learn new words, pray for children in Thailand who do not know Jesus yet.

Learn some Thai

Hello: Sawasdee
(pronounced sah-wah-dee)

Thank you: Khob khun
(pronounced kop koon)

Please: Ka (pronounced kah, polite particle for women; men say Krap)

Banana: Kluay
(pronounced gloo-eye)

Apple: Ep (pronounced ehp)



COMPASSION

Jesus Cares and Jesus Heals

God anointed Jesus of Nazareth with the Holy Spirit and power... he went around doing good and healing all who were under the power of the devil, because God was with Him.
– 2 Corinthians 5:17



Today's Country / City Focus...

Japan - Tokyo



JUSTINS THOUGHTS

Jesus loves helping people who are hurting. In the story, children prayed and Jesus healed. The Bible says Jesus "went around doing good." When a friend is sad or hurt, you can pray, listen, or help. Jesus uses kind hearts like yours to share His love.

PRAYING FOR

Buddhist / Shinto Families

Most Japanese children grow up Buddhist, see temples everywhere, and few of them know that Jesus loves them.

HANA & KENJI'S STORY:

Praying for Healing at School

Read & Listen
to the Story!

LET'S PRAY...

Here are a few prayers to start you off...

- ✓ Jesus, show me who needs Your love and help me care today.
- ✓ Father, please help Tokyo children like Hana to shine Jesus' love with their friends at school.
- ✓ Father God, bless online churches sharing healing stories with Japanese families.
- ✓ Holy Spirit, use Christian movies such as the Jesus Film to show Japanese children Jesus' compassion.

More Prayer Info:

110 Cities – Tokyo



2 BILLION CHILDREN

2BC CHAMPIONS!

Spend a few minutes being still and quiet! Think about these 3 topics and pray about what you think God is saying to you.

Hearing - from God

Ask Jesus who needs prayer or kindness from you today.

Knowing - why I am special

Jesus cares deeply for me and heals broken hearts today. - Acts 10:38

Sharing - God's love

Pray for someone hurting and offer help or encouragement today.



**Colour the Picture
& Speak Japanese!**

Hana & Kenji's Story:

In the neon glow of Tokyo's Shibuya district, where skyscrapers pierced the sky and salarymen rushed like ants under cherry blossom signs, 7-year-old Hana lived a whirlwind life with her big brother Kenji, 9.

Their tiny apartment overlooked a vending machine humming 24/7 with Pocari Sweat and Calpis drinks, and mornings kicked off with the chime of the local Shinto shrine bells echoing from afar.

Hana bounced awake to Mom's bento-box magic - tamagoyaki egg rolls, onigiri rice balls shaped like pandas, and pickled plums.

Dad sat at the table slurping instant ramen before his train commute. "Ganbatte!" (Do your best!) he cheered, handing them konbini (convenience store) yogurts.

They dashed in crisp school uniforms. Hana wore a sailor fuku blouse with pleated skirt, and Kenji wore a gakuran jacket. They both had backpacks stuffed with manga comics and kawaii erasers. The walk to school dodged cat cafes, gachapon toy machines spitting out capsule monsters, and bowing schoolmates at crosswalks.

Class buzzed with hiragana drills, maths under humming air-con, and recess soccer amid vending-machine soccer balls.

Lunch was Hana's favorite: sharing bentos while friends swapped Pocky sticks and whispered about Sailor Moon.

Afternoons meant cram school (juku) for kanji flashcards, then arcade claw games snagging plushies or purikura photo booths printing heart-stamped selfies. Home by dusk, they slurped udon noodles watching Studio Ghibli on TV.

But Hana and Kenji were special. Even in Japan, being a Christian is not something many people do openly. Their family secretly followed Jesus, a gift from Grandma's old missionary friend.

Tokyo's main religion is Shinto-Buddhism, with shrines everywhere for fox spirits (kitsune) and torii gates; most classmates visited temples for New Year's omamori charms against bad luck. Hana's family skipped those, praying quietly over meals with chopsticks paused:



SING, DANCE - PRAISE!

COUNT ON JESUS



OUR THEME SONG:



— Click to Play the Songs on YouTube —

Today's song encourages you to trust Jesus because He cares for you!

© LifeKids / Bible Adventure Worship

"Thank you, Jesus, for this food." They read a pocket Bible under futon blankets, singing "Jesus Loves Me" in whispers during obon ghost festivals when lanterns floated for ancestors.

One afternoon after school, Hana and Kenji spotted their classmate Yuki limping painfully on crutches near the school gates, her leg in a cast from a long-term fracture that kept her out of soccer for months.

Doctors said it'd take forever to heal fully. "Jesus heals!" Kenji whispered in response. Yuki was taken aback, but Yuki continued, "May I pray for you?" Yuki agreed and they knelt right there by her side on the pavement, holding Yuki's hands gently amid curious glances from passing kids.

"Dear Jesus," Hana prayed aloud with sparkling eyes, "You're the great healer, touch Yuki's broken leg, knit the bones strong like You made the lame walk, make her run and jump again soon!"

Yuki smiled weakly at first, but a peaceful warmth filled her as they finished. Weeks later, Yuki dashed over at recess, cast off and sprinting full speed, hugging them tight. "It healed so fast, how?" she whispered. Grinning, Kenji pulled out Grandma's tiny pocket New Testament, and Hana shared, "Jesus loves you forever. We can share more with you. He's our real friend!" Yuki's eyes lit up, joining their secret Christian circle from then on.

Click to
Listen to
this story!

13TH FEBRUARY 2026

Day
04

Color & Say it!

Download
Colouring Book

Colour Hana and Kenji with their backpacks and pink cherry blossoms around them.

Today's language is Japanese. Practice saying hello, good morning, and thank you.

As you colour and learn new words, pray for children in Japan who do not know Jesus yet.

Learn some Japanese

Hello: Konnichiwa
(pronounced kon-nee-chee-wah)

Thank you: Arigatou
(pronounced ah-ree-gah-toh)

Good morning: Ohayou
(pronounced oh-hah-yoh)

Backpack: Randoseru
(pronounced rahn-doh-seh-roo)

How are you?: Ogenki desu ka? (pronounced oh-gen-kee dess kah?)



NEW LIFE

Jesus Forgives and Gives Me New Life

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

– 2 Corinthians 5:17



Today's Country / City Focus...

India - Himalayan Region



JUSTINS THOUGHTS

Jesus doesn't just teach us—He forgives and makes us new. The Bible says, "If anyone is in Christ, the new has come." When you make mistakes, Jesus doesn't push you away. Like starting a new page in a book, Jesus gives fresh beginnings full of joy.

PRAYING FOR Mishmi peoples

Mishmi children live remotely, mixing Buddhism and traditions, rarely hearing about forgiveness and new life Jesus.

LHAMO'S STORY:

Finding Forgiveness and New Life

Read & Listen
to the Story!



2BC CHAMPIONS!

Spend a few minutes being still and quiet! Think about these 3 topics and pray about what you think God is saying to you.

Hearing - from God

Ask Jesus what He wants to forgive or change today.

Knowing - why I am special

In Christ I am forgiven, new, and loved forever completely.
– 2 Corinthians 5:17

Sharing - God's love

Forgive someone today and tell them Jesus gives new starts.

LET'S PRAY...

Here are a few prayers to start you off...

- ✓ Jesus, thank You for forgiving me and giving me new life.
- ✓ Jesus, help missionaries to travel and reach Mishmi families with the Gospel.
- ✓ Jesus, reveal forgiveness and new life to Mishmi children and families today.
- ✓ Father God, may the new churches grow and be able to start many more churches.

More Prayer Info:

Prayercast – Buddhism



**Colour the Picture
& Speak Kashmiri!**



Lhamo's Story:



SING, DANCE - PRAISE!

ALL ABOUT JESUS

OUR THEME SONG:



— Click to Play the Songs on YouTube —

Today's song celebrates the new life and forgiveness Jesus gives you!

© Grace Vineyard Kids

In the misty morning light of Srinagar, where the Dal Lake shimmered like a silver mirror and houseboats bobbed gently against the shore, 9-year-old Lhamo started her day with her family, part of a small Buddhist community among the floating markets. They lived in a wooden house on the water's edge, surrounded by chinar trees shedding red leaves like confetti.

Lhamo woke to Mama's warm roti and kahwa tea scented with saffron and cardamom, then slipped into her simple maroon pheran gown over shalwar pants, tying her dark braids with colorful ribbons.

Helping Baba load a shikara boat with fresh apples from their orchard, she paddled through the lake's narrow channels, waving to neighbors lighting incense at roadside stupas. School came next.

The school was just a short walk away where she practiced maths, Urdu writing, and learned Buddhist mantras during ethics class, playing kabaddi during recess with friends chasing each other amid willow trees.

Afternoons buzzed with chores: shelling walnuts for market, feeding the house goats, and splashing barefoot in lake shallows while Grandma spun pashmina wool into yarn, chanting prayers to the Buddha for good fortune.

As the sun dipped behind the Zabarwan peaks, the family gathered for evening meditation on colorful rugs, spinning prayer wheels and sharing steaming gushtaba meatballs under lantern light.

One crisp afternoon at school, during a quiet storytelling circle, a kind visitor shared something new: "Jesus is God's Son who loves you so much He died for your mistakes and rose again, offering forever peace."

Lhamo's eyes widened. This endless love felt different from karma's cycles. The kind friend taught about Jesus' miracles, wisdom, and compassion, then started sharing something Buddhism doesn't teach... that Jesus is unique as God's one and only son, that he is a Savior from sin, and the only way to God (John 14:6).

This is very different from what she had learned in ethics class, which taught her self-effort, karma with free forgiveness.

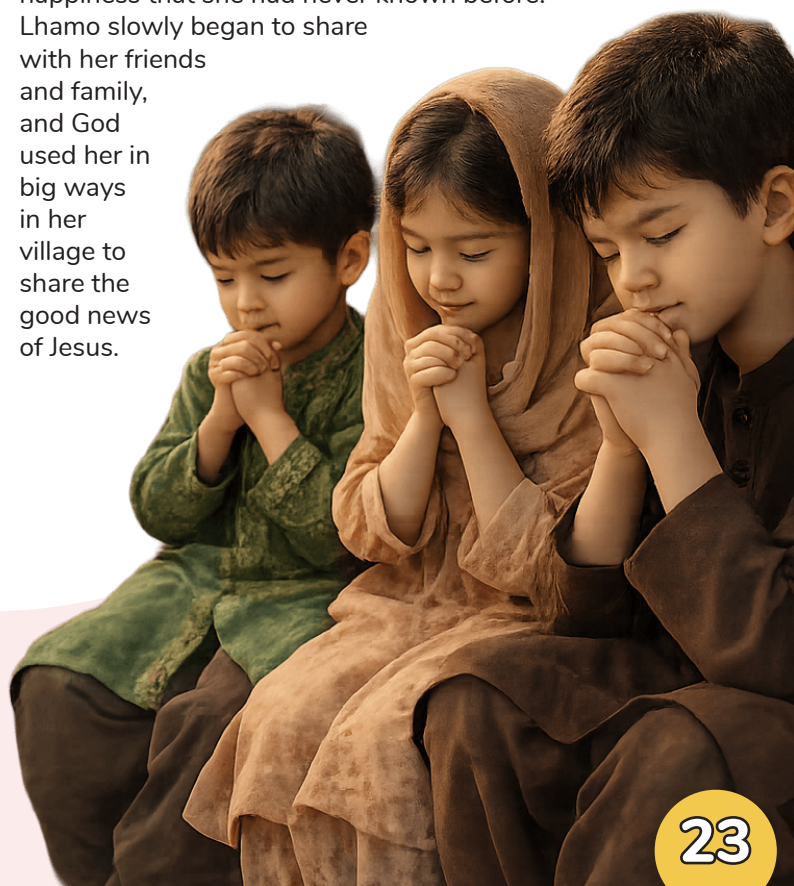
She asked a few questions, and realized that she wanted Jesus to be her best friend. She asked the kind stranger how she could follow Jesus, too.

The kind stranger showed her how to talk to Jesus and confess her sins. She explained that she needed to believe Jesus died for them and rose again, then she must repent (turn from idols / practices), and pray to receive Him as Lord.

She said a simple prayer to Jesus, and joy radiated from her face as she finished. Before she left for the day, they read the Bible together and she promised to help connect her to believers for discipleship.

From then on, she felt a beautiful peace and happiness that she had never known before. Lhamo slowly began to share with her friends and family, and God used her in big ways in her village to share the good news of Jesus.

Click to
Listen to
this story!



Color & Say it!

Download
Colouring Book

Colour Lhamo's family sitting together inside their home, sharing food and time together.

Today's language is Kashmiri. Try saying hello and thank you using the words shown.

As you colour and learn new words, pray for families in Northern India who do not know Jesus yet.

Learn some Kashmiri

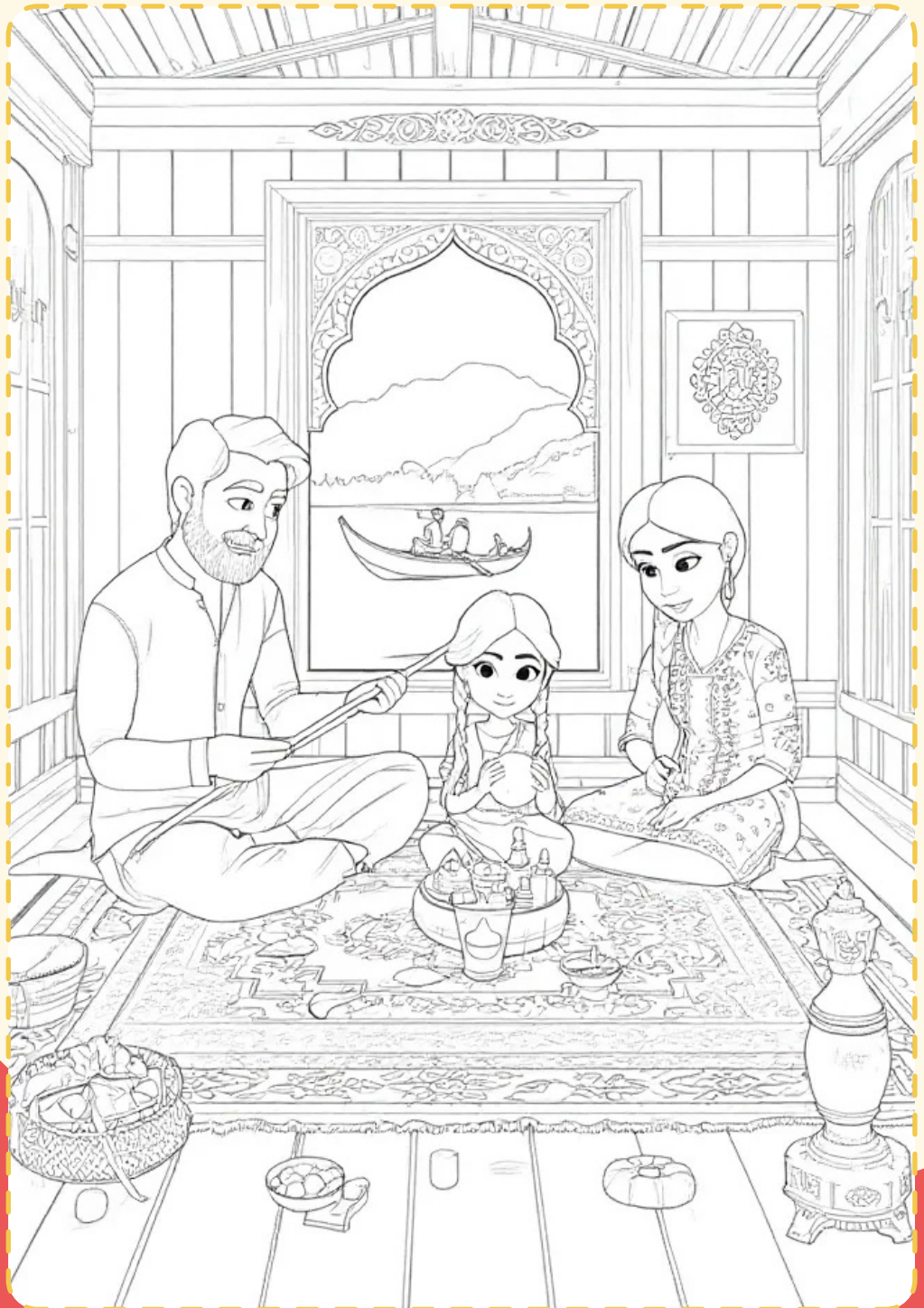
Hello: Rāzā nābar (rah-ZAH nah-bar) or Assalāmu 'alaykum (ah-sah-LAH-moo ah-lay-KOOM, Urdu-influenced).

Thank you: Mōjēts (moh-JETS) or Meharbeūnee (meh-har-bay-OO-nee).

Boat: Nāv (nahv).

Apple: Aluchē (ah-loo-CHAY).

Sandals: Pāzul (pah-ZOOL)



COURAGE

God Can Use Me to Share His Love

Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.
– 1 Timothy 4:12



Today's Country / City Focus...

Myanmar - Yangon



JUSTINS THOUGHTS

God loves using children to show His love. The Bible says, "Don't let anyone look down on you because you are young." Being brave might mean praying out loud, being kind to a bully, or talking about Jesus. God's Spirit helps you shine, even when it feels scary.

PRAYING FOR

Bamar, Rakhine & Mon Peoples

Bamar, Rakhine, and Mon children grow up Buddhist, with few Christians to tell them about Jesus.

AUNG'S STORY:

Discovering Joy in Following Jesus

Read & Listen
to the Story!



2BC CHAMPIONS!

Spend a few minutes being still and quiet! Think about these 3 topics and pray about what you think God is saying to you.

Hearing - from God

Ask God where He wants you to be brave today.

Knowing - why I am special

God can use me; His Spirit empowers me to shine. - 1 Timothy 4:12

Sharing - God's love

Share a Jesus story or prayer with one friend today.

LET'S PRAY...

Here are a few prayers to start you off...

- ✓ Holy Spirit, help me be brave and follow Jesus today.
- ✓ Jesus, strengthen Bamar, Rakhine, and Mon children to follow You today now.
- ✓ Father God, protect church workers helping children and families follow Jesus bravely.
- ✓ Please fill your people with Holy Spirit fire to share the Gospel across the nation of Myanmar!

More Prayer Info:

110 Cities – Yangon



Aung's Story:



SING, DANCE - PRAISE!

I BELONG TO JESUS!



OUR THEME SONG:



— Click to Play the Songs on YouTube —

Today's song helps you be brave and confident in following Jesus!

© Kids Praise / Channel Owner

In the golden rice fields on the outskirts of Mandalay, where ancient pagodas pierce the hazy sky and ox carts rumble along red dirt paths lined with betel nut groves, 10-year-old Aung stirred awake to the first cock's crow and the distant lowing of water buffalo.

From their simple bamboo stilt house raised high against monsoon floods, his family, who are rice farmers with sun-weathered faces and calloused hands, gathered around a crackling wood fire for breakfast.

Mama ladled steaming mohinga noodle soup into bowls, fragrant with lemongrass, garlic, and fish paste, paired with sticky rice balls, sliced fresh mangoes from the backyard tree, and sweet tea brewed from palm leaves.

Aung quickly slipped into his colorful checkered longyi sarong wrapped neatly at the waist, topped with a faded T-shirt, and slung his woven school satchel over his shoulder.

Barefoot, he dashed down the creaky bamboo stairs, waving goodbye to little sister playing with a handmade doll from corn husks, and joined the stream of village kids heading to school under swaying palm fronds and clusters of purple bougainvillea.

Mornings buzzed with lessons in the thatched-roof classroom: tracing the flowing Burmese alphabet on a slate board with chalk, solving basic maths problems like adding up harvest yields, reciting multiplication tables, and practicing English phrases from a tattered textbook.

One vibrant evening, right in the midst of their play, Aung paused and squinted toward the riverbank. There, a joyful procession wound slowly from the shimmering waters, a group of adults from nearby villages, dressed in crisp white shirts and fresh longyis, their clothes dripping as they emerged newly baptized into faith in Jesus Christ. Arms raised high, they sang heartfelt songs of praise, their faces glowing with radiant smiles and tears of joy, hugging one another as villagers watched in quiet awe.

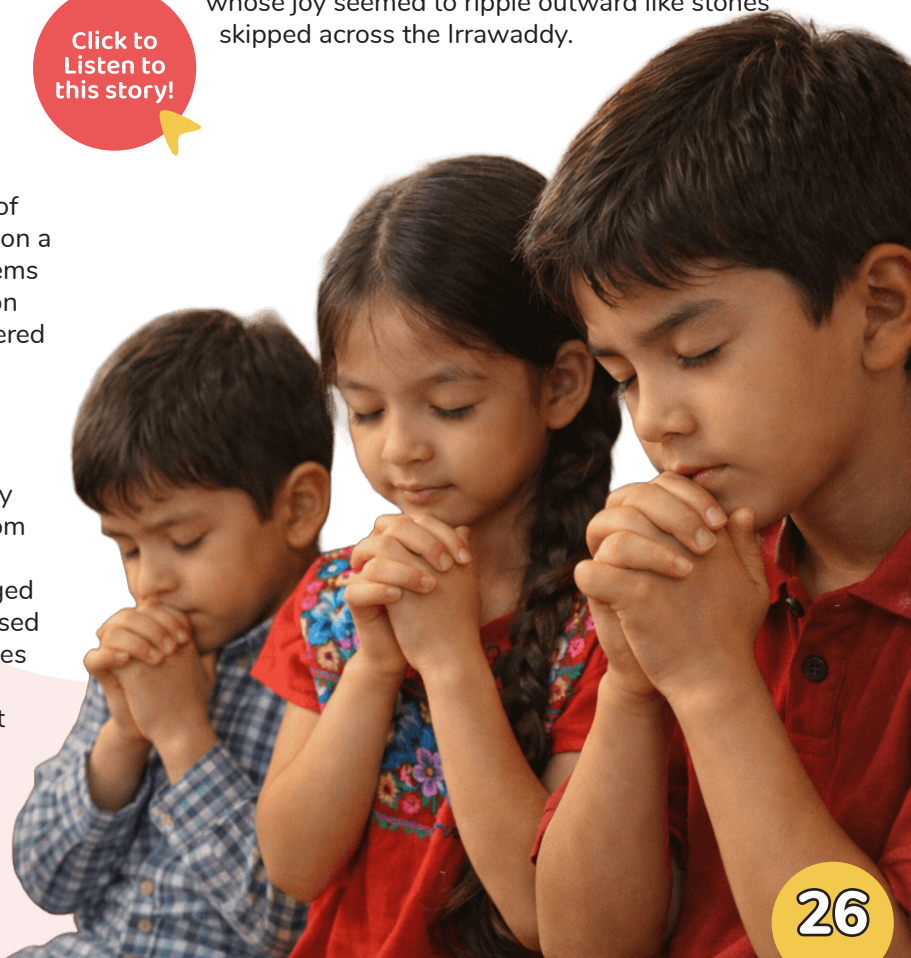
The sight stirred a deep curiosity in Aung's young heart, so he ran over to see what was

happening. They shared the love of Jesus with him, and he started meeting with them to hear more about Jesus and all He had done for them.

In time, he began his own personal relationship with Jesus and began to share His love and kindness with friends at school. He would pray for them to know Jesus' love like He had come to know.

His typical day flowed on unchanged in its rhythms, mohinga breakfasts shared with family, chinlone kicks with friends under the palms, buffalo plowing across endless green fields, and sunset games by the banyan, but now laced with a secret wonder about this Jesus whose joy seemed to ripple outward like stones skipped across the Irrawaddy.

Click to
Listen to
this story!



Color & Say it!

Download
Colouring Book

Colour Aung standing in a village with fields, trees, and houses behind him.

Today's language is Burmese. Practice saying hello and thank you.

As you colour and learn new words, pray for children in Myanmar who do not know Jesus yet.

Learn some Burmese

Hello: Mingalaba (ming-gah-LAH-bah) – wave and smile!

Thank you: Jezu (jeh-ZOO) – quick and happy.

Water: Ye (yeh) – like “yeah.”

Eat: Za (zah) – yummy sound.

Child: Ye (yeh) – same as water, easy!

Good: Kaung (kowng) – like “cow” + “ng.”

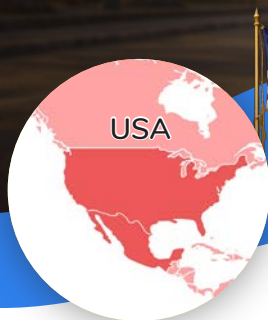


MISSION

God's Love Is for Everyone Everywhere

You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem... and to the ends of the earth.

– Acts 1:8



Today's Country / City Focus...

USA - Los Angeles

PRAYING FOR

Buddhist Diaspora Communities

Buddhist diaspora children and their families, including Chinese Buddhists, live worldwide. Many live in Los Angeles.

SOFIA'S STORY:

Shining Jesus' Love Far From Home

Read & Listen
to the Story!

LET'S PRAY...

Here are a few prayers to start you off...

- ✓ God, use me to share Your love with others wherever I am.
- ✓ Jesus, bless missionaries reaching out to Buddhist families through schools and friendships.
- ✓ Father God, help digital missionaries share Jesus clearly across cultures worldwide.
- ✓ Father God, use Christians everywhere to welcome Buddhist families with love today.

More Prayer Info:

Prayercast – Buddhism



JUSTINS THOUGHTS

God loves people everywhere—near and far. The Bible says, “You will be my witnesses.” That means sharing love at school, welcoming new friends, and praying for families from other countries. God can use your kindness to reach the world, one friendship at a time.



2BC CHAMPIONS!

Spend a few minutes being still and quiet! Think about these 3 topics and pray about what you think God is saying to you.

Hearing - from God

Ask God to fill you with His power and joy.

Knowing - why I am special

God loves all peoples; I am part of His mission. – Acts 1:8

Sharing - God's love

Pray for another culture and show kindness to newcomers today.



**Colour the Picture
& Speak Thai!**

Sofia's Story:

In the bustling heart of Los Angeles, where palm trees sway against Hollywood hills and the distant hum of traffic blends with ocean breezes, 11-year-old Sofia wakes in her cozy Echo Park apartment to the chime of a small meditation bell.

From a Thai-American family with Buddhist roots, she starts her day lighting incense before a home altar, joining Mom and Dad sharing mango sticky rice and fresh pho noodle soup around the kitchen table.

Sofia grabs her skateboard, backpack slung over one shoulder, weaving through colorful murals and food trucks to her public school. Mornings buzz with maths drills, science experiments on solar panels, and English lit discussing dreams like those in Langston Hughes poems.

At recess, she joins friends for kickball on the asphalt court, trading Pokémon cards and high-fives under the California sun.

Afternoons mean homework at the community center, where Sofia helps with art projects, her thanaka paste swirls on cheeks from family tradition.

She zooms to soccer practice on the grassy field, dribbling past cones and cheering teammates amid laughter.

Evenings unwind on the balcony overlooking Dodger Stadium lights, grilling satay skewers and practicing loving-kindness meditations for peace.

One vibrant afternoon at the park, Sofia pauses her kickball game, eyes widening as a joyful group is surrounding a street preacher. In the group there are new believers in Jesus, arms raised in praise, sharing how His forgiveness broke their life's heavy cycles.

"Jesus loves you freely, no striving needed," one whispers to the kids.

She was shocked to learn this, and began to ponder what that meant. That night, alone with her thoughts, Sofia prays to Jesus for the first time, feeling a warm peace flood her heart like sunlight piercing LA smog - changing everything, from fear to fearless joy.



SING, DANCE - PRAISE!

SPREAD THE WORD



OUR THEME SONG:



— Click to Play the Songs on YouTube —

Today's song encourages you to share Jesus' love with people around the world!

© Kids Bible Songs / Channel Owner

Click to
Listen to
this story!

She began to look for other Christian children in school she could read the Bible with and learn more about Jesus from. They were very welcoming, and soon her faith was growing every day!

Her family began to notice a difference in her. They began to ask questions and she brought them to the group of Christians she had been learning from in the after-school program. At first they were angry with her, but as she continued to pray for them their hearts changed.

After many years, her mother became a Christian and both of them would pray together at night for the rest of their families. It was slow work, but God was moving in their hearts and knew that soon they would bring many more to know Him!



Color & Say it!

Download
Colouring Book

Colour Sofia and her friend with a skateboard in Los Angeles.

Today's language is Thai. Try saying hello and thank you using the words on the page.

As you colour and learn new words, pray for Buddhist people everywhere who do not know Jesus yet.

Learn some Simple
Thai

Hello: Sawasdee (sah-wah-DEE)

Thank you: Khob khun (kop KOON)

Water: Nam (nahm)

I'm happy: Bpen sabai dee (ben sah-bye DEE)

Little mouse (playful!): Neuk (nuke)





Global Day Of Prayer For Buddhist Peoples

Tuesday 17th February 2026
Starts 1AM Beijing (UTC-8)



**STARTS FEB 16TH: 12PM NEW YORK
7PM JERUSALEM. FEB 17TH: 2AM SEOUL**



Thank you

For joining us as we prayed for the Buddhist Peoples.
Sign up for news and future Prayer Guides [HERE](#)



2 BILLION CHILDREN

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LISTEN • LIVE • LOVE

Praying, Growing, and Shining with Jesus

A 7-Day Children's Prayer Journey for Buddhist Peoples

10th - 16th February 2026



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